

www.ebparks.org

*"Regional in Nature"*



East Bay Regional Park District

# Activity Guide

March-April 2004



Photo by Dave Riemenschneider

WebReg Online Registration now available—[www.ebparks.org/events.htm](http://www.ebparks.org/events.htm)



East Bay Regional Park District  
[www.ebparks.org](http://www.ebparks.org)



# Spring wildflowers carpet the parklands

By Joe DiDonato

Winter rains on the East Bay hills offer a period of growth, germination and an explosion of vibrant greens. The saturating rains are followed by one of the most spectacular examples of nature's talent at displaying colors.

Spring wildflowers start to blanket the landscapes with yellows, pinks, blues and whites. The California poppy flashes its showy orange petals against the hillsides while thousands of tiny yellow Johnny jump-ups stretch for miles.

While the peak of the wildflower season is mid to late April, a variety of flowers and shrubs bloom through June and July. Favorite haunts of local botanists are the expansive ridges of the Sunol and Ohlone Wilderness Preserves. The Wauhab Ridge in Sunol, Rocky Ridge above Lake Del Valle, and some of the interior highlands off the Ohlone Trail are particularly spectacular. Thin soils and serpentine rock give the native plants an edge.

Interior grasslands grazed by cattle tend to have more diversity and a longer viewing season due to the reduced build up of annual grasses and thatch. Las Trampas and Black Diamond Mines offer additional locations to view the flowers.

Spring is the busiest time of year for the Stewardship staff with botanists counting rare plant populations during their brief blooming period, wildlife biologists chasing after chorusing frogs and songbirds, and other staff getting a jump on weed management. Feel free to call the office or stop a passing staff person to ask directions to the latest wildflower hot spot. The season is brief, so don't hesitate.

Joe DiDonato is the District's Wildlife Program Manager. Joe entered the District's Stewardship Department with an expertise on Birds of Prey. While raptors still rate high with Joe, he now covers everything from insects to whales.

# Crab Cove Visitor Center Grand Opening

Join Park District Board President Doug Siden and Regional Parks staff for the Grand Opening of the remodeled Crab Cove Visitor Center from 11 a.m.-4 p.m., Saturday, April 3 (dedication ceremony occurs at 2 p.m.).

The event is FREE and will feature live music, fun activities for the family, crafts, guided walks, refreshments and more!

Get a first peek at the interactive exhibit lab and 800-gallon Bay aquarium. A silent auction will benefit Crab Cove's education programs.

The Crab Cove Visitor Center is at Crown Memorial State Beach, off Central and McKay Avenues in Alameda. Call (510) 521-6887 for more information.

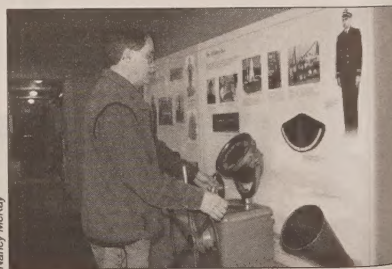


Exhibit Supervisor Nick Cavagnaro oversees installation of new exhibits at the remodeled Visitor Center. New installations include interactive exhibits and an 800-gallon aquarium.

## Plan now for summer camp

Day camps fill quickly, so begin planning now for your child. The Park District's Recreation Department collaborates with a wide variety of day camp providers to offer your child an exciting summer in the Regional Parks. Our Day Camp Directory will be available in mid-March. To receive your copy, please call (510) 544-2512 or send an email to Recreation@ebparks.org. Camperships are available to qualifying families.

Regional Parks Day Camp Directory: (510) 544-2512

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**General Info/Free Brochure:**  
**Camping Reservations** (510) 562-PARK  
**Picnic Reservations** (510) 562-CAMP  
**Naturalist Program Reservations** (510) 636-1684  
**TDD** (510) 636-1684  
**Website** www.ebparks.org

## space science center

**Chabot Space & Science Center**  
 the universe is yours to experience. Set amid 13 trail-laced acres in Redwood Regional Park, with glorious views of San Francisco Bay and the Oakland foothills, Chabot is a hands-on celebration of sights, sounds, and sensations. Programs include:

- School groups
- Teacher workshops
- Summer camps
- Teen volunteers

To purchase advance tickets call (510) 356-7373 or visit [www.ticketweb.com](http://www.ticketweb.com)  
 10000 Skyline Blvd., Oakland, CA 94619  
 1.3 miles from Joaquin Miller Road  
 (510) 356-7300

**www.chabot.space.org**  
 East Bay Regional Park District is a partner with Chabot Space and Science Center

Visit [www.ebparks.org](http://www.ebparks.org) for map downloads, activity and event information, and much more!

## Volunteers needed!

**Doc Quack and the Restoration Rangers**, Sunday, March 7 & 21, 2-5 p.m., Quarry Lakes. Registration required: (510) 544-2320.

**Doc Quack's Breeding Bird Biologists**, call for dates, times and locations: (510) 544-2319.

**Ivan Dickson Trail Workday**, Saturday, March 20, 8:30 a.m.-1 p.m., Las Trampas. Trail rehabilitation. Info and registration: (510) 544-2631.

**California Trails Day**, Saturday, April 24, 8:30 a.m.-1:30 p.m., Redwood. Info and registration: (510) 544-2631.

**Earth Day Restoration**, Saturday, April 24, 10 a.m.-noon, Eastshore State Park. Registration (510) 544-2515.

**Farm Volunteer Training** at Ardenwood, March 27 and 30 and April 10, 6 and 20, various times. Info: (510) 796-0199.

**Rose Hill Cemetery Workday** at Black Diamond Mines, Saturday, April 10, 1-4 p.m. Registration (925) 757-2620.

**Volunteers in the Garden** at Coyote Hills, Saturdays, March 13 and April 10, 9:30-11:30 a.m. Registration (510) 795-9385.

**Shellmound Workday** at Coyote Hills, Sunday, March 21, 10 a.m.-4 p.m. Info: (510) 795-9385.

**Work in the Garden** at Tilden, Sunday, March 7, 1-3 p.m. Info: (510) 525-2233.

## California Native Plant Sale

Saturday, April 17, 10 a.m.-3 p.m.  
 Regional Parks Botanic Garden in Tilden Regional Park, Berkeley (Wildcat Canyon Road & South Park Drive, near the Brazil Building)  
 Bring cardboard boxes to carry your purchases. Refreshments will be available.  
 Information: (510) 841-8732 or see [www.nativeplants.org](http://www.nativeplants.org)

## Hike the Trails Challenge and May Marathon

Celebrate 70 years of Regional Parks by joining this extremely popular, self-guided hiking program! The 2004 Guidebook has 20 of the best Regional Park's hikes. All participants receive a guidebook, T-shirt, 2004 commemorative pin, and special gift. Plus, we offer family discounts for the first time in 2004. Call (510) 636-1684 or see [www.ebparks.org](http://www.ebparks.org) for more info.

## Seasonal employment in the Regional Parks

The East Bay Regional Park District offers a variety of seasonal full-time and part-time jobs working in the parks, ideal for students. For more information, contact the Human Resources Department at 2950 Pearl Oaks Court, Oakland, CA 94605, phone (510) 544-2154 or see our employment page at [www.ebparks.org](http://www.ebparks.org)



# Park District adds two key properties, expanding urban and wilderness opportunities

Whether urban, suburban, or rural, the Park District believes open space plays a key role in preserving and enhancing the quality of life of East Bay residents.

The District is especially proud of two recent land acquisitions, each offering significant biological, geological, scenic and historic resources. The 16-acre shoreline property formerly owned by MEC Land Holdings (California) Inc. closed escrow for several million dollars below its appraised value. The property owner donated the \$3.6 million difference as a gift to benefit the District and the general public.

According to Park District Manager Pat O'Brien, "This shoreline purchase completes a major Park District commitment to the voters, offering

shoreline recreation opportunities and permanently protecting a very threatened area of the East Bay Shoreline."

The parcel is located within the City of Berkeley and is surrounded on two sides by Eastshore State Park. Director John Sutter states that this purchase will provide a crucial link to the San Francisco Bay Trail with complete shoreline access from Richmond to Emeryville.

Funding for this project was provided through Measure AA funds (the open space bonds approved by Park District voters in 1988) and a Coastal Conservancy Grant. The site will be used as shoreline open space with potential active recreational uses, including the possibility of a multi-city sports field complex managed under

lease by the cities of Berkeley, Albany and Richmond.

Prior to any action being taken, the property will need to have a site-specific land use planning study and environmental review.

A second acquisition is more rural in nature and consists of a 673-acre parcel in some of the most scenic ridgelines between San Ramon and Moraga. This is the largest single land acquisition for the Park District in over ten years.

The property, which just touches the northern section of Las Trampas Regional Wilderness Preserve, includes high, rolling grasslands, creeks, dense woods, and chaparral, all of which harbor abundant wildlife.

It, too, was purchased below its

appraised value thanks to the generosity of the Gleason and Gerber Family Trusts. Park District Director Beverly Lane describes the property as a fabulous visual acquisition for the public, bringing Las Trampas Regional Wilderness to over 4,800 acres.

Bob Doyle, the Park District's Assistant General Manager for Land Acquisition, attributes a great team effort in the District's Land Department, the land trust community, state and federal partners and local landowners. "Both the MEC Shoreline Property and the Gleason Property at Las Trampas are two big urban park and wildland projects with \$4 million in Coastal Conservancy grants. They were below market transactions and were both very complicated escrows."



Bellardia trixago, Wildie Legard

Indian paintbrush, Kevin Fox

## Wildflower viewing made easy

Spring Wildflower Festival at Sunol Regional Wilderness on Sat., March 27, from 11 a.m.-4 p.m. Take a wildflower hike with naturalists, see slideshows, make crafts, learn about Sunol's blooms. (925) 862-2601.

Spring Wildflowers at Garin Regional Park in Fremont, Sun., April 18, 10:30 a.m.-12:30 p.m. Enjoy dazzling flowers in streamside woodlands and grassy valleys. Registration is required: (510) 795-9365.

## WebReg online registration is here!

The Park District now offers online program registration for many recreation and interpretive programs. The new program, called "WebReg," can be found at [www.ebparks.org](http://www.ebparks.org).

Find information about activities, classes and over 500 reservable campsites, picnic areas and conference/reception facilities, and sign up for programs or activities online.

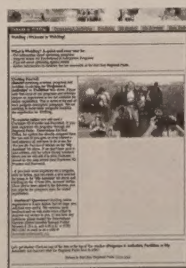
If you have registered for programs in the past three years and given us your e-mail address, there is a very good chance that you already have what it takes to register—go to [www.ebparks.org](http://www.ebparks.org), click on "Activities," and then

"WebReg" and go to the "My Account" tab to use the "Forgot My Password" feature. Your Customer ID Number and Password will be e-mailed to you. If you have not registered for programs in the past three years you can go to the "My

Account" tab and use the "Create New Account" feature to add your personal data, then register for programs.

You can use the registration form on page 12 of this newsletter—just write "Update My Record" and fill in your name, address, phone number, birth date (or age) and your e-mail address and we will e-mail your Customer ID and Password. You can also call (510) 636-1684 to receive a Customer ID and Password.

We hope you'll enjoy this online system and we will be happy to hear any of your comments or suggestions. As usual, you can also register for activities by mail, walk-in, fax, phone or through our 24-hour touch tone phone option. See the registration information on the back inside cover of this activity guide.



WebReg online registration!

## Land Bank Tours: Brushy Peak and Clayton Ranch

Robert Doyle, Chief of the Park District's Land Department, will lead a series of hikes to explore the newly protected Measure AA land bank properties that are currently not open to the public.

These are guided tours of 2,560 acres of newly protected scenic open space. Walk and talk about future challenges facing EBRPD. Checks for

mail-in registration should be made out to Regional Parks Foundation. Doyle will lead a hike on March 20 in the Brushy Peak property near Livermore. The April hike will be on April 17 on the District's new Clayton Ranch property off Marsh Creek Road outside Clayton. For information, or to sign up for the hike, please call (510) 636-1684.



Nancy Mackay

The public was treated to a preview of Clayton Ranch property in Spring 2001 following the property's purchase by the Park District. The public will have another opportunity to view this land-banked property on April 17.

## Doug Siden is elected Board President

Doug Siden of Alameda was elected President of the East Bay Regional Park District's Board of Directors for 2004. Before his retirement in 1999, Siden

spent over 20 years as Executive Director of a successful program to provide environmental education and recreational experiences to youth, families and adults. Siden replaces previous President Ted Radke of Martinez.



Directors Doug Siden and Ted Radke.

Nancy Mackay

Radke is now serving his 25th year on the Park District Board of Directors.

Other executive officers for 2004 include Vice President Jean

Siri of Alameda, Secretary Carol Severin of Castro Valley, and Treasurer Beverly Lane of Danville. Ayn Wieskamp of Livermore and John Sutter of Oakland are also serving on the board.



## ROBERTS POOL SWIM PROGRAMS

Roberts Pool in Oakland offers American Red Cross swim lessons with 4 to 6 students per instructor, with emphasis on personal safety and fun. Refer to the skill level descriptions below to determine placement, then check session dates and times for availability. If fewer than 4 students are registered in any one class, classes may be combined or canceled. No-shows on the first day of the session will be dropped unless advanced notification is given by calling (510) 482-0971.

**Registration required: (510) 636-1684.**

Phone or walk-in registration only, no mail-in registration accepted.

### SKILL LEVEL DESCRIPTIONS:

**Parent and Me**—for children 1-5 years, must be accompanied by an adult in the water, designed to help children become comfortable in the water so they are ready to learn to swim. Parents learn teaching skills to assist their children. No pre-requisite.

**Level 1**—Water Exploration: for age 5 and older, skills include bobbing, supported floating, blowing bubbles, kicking, and personal safety.

**Level II**—Primary Skills: for age 6 and older, skills include unsupported floating, kicking, finning, combined arm/leg locomotion, turning back-to-front and front-to-back, and personal safety. Pre-requisite: Level I skills.

**Level III**—Stroke Readiness: for age 6 and older, skills include object retrieval, jump/dive recovery, front/back crawl stroke, elementary backstroke kick, tread water, and personal safety. Pre-requisite: Level II skills.

**Level IV**—Stroke Development: front/back crawl and elementary backstroke, introduction to breast stroke, side stroke, standing front dive, open turns at walls, rescue breathing, and CPR. Pre-requisite: Level III skills.

**Level V**—Stroke Refinement: continue Level IV strokes/turns, introduction to butterfly and personal safety while diving, spinal injury awareness. Pre-requisite: Level IV skills.

**Level VI/VII**—Advanced Skill Proficiency: technique and endurance for Level V skills, turns for all strokes, additional safety and rescue skills. Pre-requisite: Level V skills.

### MORNING SWIM LESSONS

Roberts Pool, Oakland Staff  
Group lessons for children. Ten half-hour lessons scheduled on weekday mornings for two consecutive weeks. Bring a picnic lunch. (\*Please note that all Level V and Level VI/VII classes are 45 minutes. Level VI/VII is 10-10:45 a.m., Level V is 10:45-11:30 a.m.)  
**Registration required: (510) 636-1684**  
**Fee: \$50/session (non-res. \$56) (\*All level V and VI/VII classes are \$70/session, non-res. \$78)**

**Session 1:** 6/14-6/25 (Mon.-Fri.)

10-10:30am ..... Levels I, II, III, VI/VII\*

10-10:30am ..... Levels I, II, IV, V\*

11-11:30am ..... Levels I, II

11:30-noon ..... Parent and Me, II, III

**Session 2:** 6/28-7/9 (Mon.-Fri.)

10-10:30am ..... Levels I, II, III

10-10:30am ..... Levels I, II, III, IV

11-11:30am ..... Levels I, II, IV

11:30-noon ..... Parent and Me, II, III

**Session 3:** 7/12-7/23 (Mon.-Fri.)

10-10:30am ..... Levels II, III, IV, VI/VII\*

10-10:30am ..... Levels I, III, IV, V\*

11-11:30am ..... Levels I, II

11:30-noon ..... Parent and Me, II, III

**Session 4:** 7/26-8/6 (Mon.-Fri.)

10-10:30am ..... Levels I, II, III, IV

10-10:30am ..... Levels I, II, III, IV

11-11:30am ..... Levels I, II, IV

11:30-noon ..... Parent and Me, II, III

**Session 5:** 8/9-8/20 (Mon.-Fri.)

10-10:30am ..... Levels II, III, IV, VI/VII\*

10-10:30am ..... Levels I, III, IV, V\*

11-11:30am ..... Levels I, II

11:30-noon ..... Parent and Me, II, III

**Session 6:** 8/23-9/3 (Mon.-Fri.)

10-10:30am ..... Levels I, II, III, IV

10-10:30am ..... Levels I, II, III, IV

11-11:30am ..... Levels I, II, IV

11:30-noon ..... Parent and Me, II, III

### EVENING SWIM LESSONS

Roberts Pool, Oakland Staff  
Group lessons for children and adult beginners. Ten half-hour lessons scheduled on weekday evenings for two consecutive weeks. Bring a picnic dinner.  
**Registration required: (510) 636-1684**  
**Fee: \$50/session (Non-res. \$56)**

**Session A:** 6/14-6/25 (Mon.-Fri.)

6-6:30pm ..... Parent and Me

6:30-7pm ..... Levels I, II

7-7:30pm ..... Levels II, III, IV

**Session B:** 6/28-7/9 (Mon.-Fri.)

6-6:30pm ..... Parent and Me

6:30-7pm ..... Levels I, II

7-7:30pm ..... Levels III, Adult Beginner

**Session C:** 7/12-7/23 (Mon.-Fri.)

6-6:30pm ..... Parent and Me

6:30-7pm ..... Levels I, II

7-7:30pm ..... Levels III, IV

**Session D:** 7/26-8/6 (Mon.-Fri.)

6-6:30pm ..... Parent and Me

6:30-7pm ..... Levels I, II

7-7:30pm ..... Levels III, Adult Beginner

**Session E:** 8/9-8/20 (Mon.-Fri.)

6-6:30pm ..... Parent and Me

6:30-7pm ..... Levels I, II

7-7:30pm ..... Levels III, IV

**Session F:** 8/23-9/3 (Mon.-Fri.)

6-6:30pm ..... Parent and Me

6:30-7pm ..... Levels I, II

7-7:30pm ..... Levels III, Adult Beginner

### CONTRA LOMA SWIM LESSONS

Contra Loma, Antioch Staff  
Group lessons for children. Ten half-hour lessons scheduled on weekday mornings and evenings for two consecutive weeks (Monday-Friday). See skill level descriptions at left.

**Session 1:** 6/14-6/25

**Session 2:** 6/28-7/9

**Session 3:** 7/12-7/23

**Session 4:** 7/26-8/6

**Session 5:** 8/9-8/20

9:30-10am ..... Levels I, II, III, IV

10-10:30am ..... Parent and Me, I, II

6:15-6:45pm ..... Parent and Me, I, II

6:45-7:15pm ..... Levels I, II, III, IV

**Fee: \$50/session (Non-res. \$56)**

**Reg. Required: (510) 636-1684**

### JUNIOR LIFEGUARDS

9am-3pm, Mon.-Fri. (2-week sessions); Daily extended care available 3-6pm

Beach and water fun for youth. Instruction in water safety, first aid, CPR, lifeguard skills and equipment, and physical conditioning. Emphasis is on self-esteem, teamwork and fun. Must complete a 50-yard swim test the first day. Pre-testing is available. (9-15yrs)

**Reg. Required: (510) 636-1684**

**Fee: \$190/2-week session**

(non-res. \$210). 10% discount for each additional child in family or for additional sessions when enrolled in more than one.

Uniform fee: \$30 includes T-shirt, hat, swim trunks with patch.

Optional extended care fee: \$120 per session.

Course #	Date	Park Location
6000	6/21-7/2	Lake Anza
6001	7/12-7/23	Lake Anza
6002	8/2-8/13	Lake Anza
6003	6/21-7/2	Contra Loma
6004	7/12-7/23	Contra Loma
6005	8/2-8/13	Contra Loma
6006	6/21-7/2	Cull Canyon
6007	7/12-7/23	Cull Canyon
6008	8/2-8/13	Cull Canyon
6009	6/21-7/2	Quarry Lakes
6010	7/12-7/23	Quarry Lakes
6011	8/2-8/13	Quarry Lakes
6012	6/21-7/2	Shadow Cliffs
6013	7/12-7/23	Shadow Cliffs
6014	8/2-8/13	Shadow Cliffs
6015	6/21-7/2	Lake Temescal
6016	7/12-7/23	Lake Temescal
6017	8/2-8/13	Lake Temescal



Junior Lifeguards have fun while learning lifesaving skills.



### PRIVATE SWIM LESSONS

Roberts Pool, Oakland Staff  
6/14-9/3, Mon/Tues or Wed/Thurs/Fri. 7:30-8pm  
Want to improve your swimming skills? Does your child need special attention? Private lessons are offered for all ages and consist of one-on-one instruction to achieve maximum results. Two and three-day sessions available. Includes half-hour lesson each day.  
**Registration required: (510) 636-1684**  
**Fee: \$45/two-day session (Non-res. \$51) \$65/three-day session (Non-res. \$73)**

### EVENING LAP SWIM

Roberts Pool, Oakland Staff  
6-8pm, Mon-Fri, 6/14-9/3  
Swimming is one of the best fitness activities enjoy your workout in a heated outdoor pool in the redwoods. Lane lines provided. (15+ yrs)

**Fee: \$3.50/swim or \$25/10 swims**

### RECREATION SWIM

Roberts Pool, Oakland Staff  
11am-6pm, Sat, Sun, & Holidays 4/11-10/1  
3:30-5:30pm, Mon, 6/14-8/30  
12:30-5:30pm, Tues.-Fri, 6/15-9/3  
Enjoy swimming in an outdoor pool. Pool is 25 yards long, heated, disabled accessible, lifeguard service provided. 15-minute adult swim every hour. Children under 1 year get a free.

**Registration required: (510) 636-1684**  
**Fee: \$3/adult, \$2/senior, child & disabled**

### DISABLED SWIM

Roberts Pool, Oakland Staff  
12:30-3:30pm, Mondays only: 6/14-8/30  
Enjoy our completely accessible pool. This time is reserved exclusively for disabled guests and their families.  
**Registration required: (510) 636-1684**  
**Fee: \$3/adult, \$2/senior, child & disabled**

### PRIVATE POOL RESERVATIONS

Roberts Pool, Oakland Staff  
M-F daytime only, 4/12-6/11  
M-F daytime only, 9/7-10/8  
Roberts Pool is a perfect facility for a swim party. Lifeguard service is provided. 150 person maximum; alcohol not permitted.  
**Registration required: (510) 636-1684**  
**Fee: Call**

### OPEN WATER

#### SNORKEL/SCUBA EXPLORATION

Shadow Cliffs Local Dive Stores  
Ongoing, call for dates & times  
Snorkeling and scuba lessons for beginners, and specialty classes for certified divers. (12+ yrs)  
**Fee: Call** **Info: (510) 544-2501**

#### LAP SWIM

April-October during regular swim hours  
Swim laps in a lake—no chlorine, no walls, large lanes! Bring goggles, cap, kickboard, pull buoy and hand paddles as desired. Available at Lake Anza (Tilden), Quarry Lakes, Shadow Cliffs and Lake Temescal.  
**Fee: varies** **Info: (510) 636-1684**



## RECREATION

For Recreation program information, call (510) 544-2553 or email recreation@ebparks.org. Special Cancellation Policy applies for all Recreation programs; see page 11. All classes dependent on registration minimums.

### TRAILS CHALLENGE & MAY MARATHON

**Trails Challenge (#5951):** Celebrate 70 years of Regional Parks by joining this extremely popular, self-guided hiking program! Thousands of people like you yourself have participated in the last 10 years—one thousand last year alone! With your registration you will receive the 2004 Guidebook filled with 20 of the best hikes in the East Bay Regional Park District. This year, Trails Challenge invites you to hike 7 of the 20 trails by December to celebrate our 70 years. Participants receive the 2004 commemorative pin, the Trails Challenge T-shirt and a special gift! **May Marathon (#5952)** invites you to complete 26 miles during the month of May. You will receive the commemorative pin, the new long-sleeved May Marathon T-shirt, and the special gift! These programs are a great way to see new parks, get outside, be active and get healthy. New this year: Trails Challenge family discount. The first participant is at regular price and additional family members are \$1 off!

**Reg. Required: (510) 636-1684**

**Fee: Trails Challenge: \$12 (non-res. \$14) Trails Chall + May Marathon \$17 (non-res. \$19)**

### DAIYAN CHI GUN

**Kennedy Grove** Keith Weinstein  
9:30-11am, Sun, Mar 7, 14, 21, 28 #5509  
9:30-11am, Sun, Apr 4, 11, 18, 25 #5510  
Experience improved health and relaxation at beautiful Kennedy Grove for four days of stimulating Chi Gun practice. Dai Yan Chi Gun is a very popular form of healing movement medicine which originated in China. The grounded, flowing motions will be taught for people of all abilities. Come learn this simple practice for cultivating vitality, harmony, mental clarity and alleviating chronic ailments in the beautiful outdoors. This class is taught by Keith Weinstein, certified Chi Gun instructor (as taught at local, Bay Area hospitals.) (14+yrs)  
**Reg. Required: (510) 636-1684**  
**Fee: \$49 (non-res. \$55)**

### ADVANCED PORTRAIT PHOTOGRAPHY

**Lake Chabot, Nike Classroom** Jack Ligon  
Sun-moon, Sat, Mar 10, 20 #5513  
For those who took Beginning Portrait Photography, we invite you to join us for this two-day, advanced class that will leave you shooting like a pro! Professional skills such as posing, posture, expression, composition, light and color will be refined in this two-session class. Your personal style and vision will be put to good use as you create your own portraits. (15+yrs)  
**Reg. Required: (510) 636-1684**  
**Fee: \$65 (non-res. \$73)**

### DISCOVER KAYAKING

**Lake Chabot Marina** Current Adventures  
10am-2:30pm, Sat, Mar 13, L. Chabot #5911  
11am-3:30pm, Sat, Mar 27 Del Valle #5925  
2:30pm, Sat, Apr 3, L. Chabot #5912  
10am-2:30pm, Fri, Apr 9, L. Chabot #5914  
10am-2:30pm, Sun, Apr 25, L. Chabot #5915  
Now is the time to learn how to kayak! This course is the first step in learning paddle touring and sea kayaking. Get in-depth instruction for paddling in calm water from certified instructors. Beginners learn about equipment selection and basic paddling techniques while touring the lake in a single kayak (double kayaks available upon request and for adult/child paddlers). You'll have lots

of time to practice as we explore the base and inlets of the lake. Includes stop for shared potluck lunch. Parent participation required for youth age 5-13. (5+yr)

**Reg. Required: (510) 636-1684**

**Fee: Adult \$79; child \$59 (non-res. \$87/\$65)**

### LLAMA DAY HIKE

**Redwood** LAMAS OUTFITTERS  
10am-4pm, Sat, Mar 13 #5842, Sun, Mar 14 #5843, Sat, Mar 27 #5844, Sun, Mar 28 #5845, Sat, Mar 27 #5856, Sun, Mar 18 #5858

Come experience the wonderful world of llama packing in the Regional parks! Experienced llama packers will guide this 4-6 mile day hike (4-6 hours). Llamas will carry your picnic lunches and personal items and you will have the opportunity to lead a llama for part of the trip. You will learn about handling, caring for, and packing with llamas. (8+yr)

**Reg. Required: (510) 636-1684**

**Fee: \$35 (non-res. \$39)**

### TILDO TO GOLF

**Hidden Golf Course American Golf Club.**  
1-3pm, Sat, Mar 13 #5908  
1-3pm, Sun, Mar 28 #5909  
5:30-7:30pm, Wed, Apr 7 #5910

Have fun in a relaxed atmosphere and learn the fundamentals of golf. This introductory clinic teaches pre-shot fundamentals, terminology/equipment overview, and full-swing fundamentals. Instructors will discuss how you can continue if you'd like to play on the course. Golf balls and loaner clubs are provided. Participants will also receive a free \$20 range card for use at the driving range and \$20 off a future class at the golf course. (14+yr)

**Reg. Required: (510) 636-1684**

**Fee: \$50 (non-res. \$56)**

### INTRO TO FLYFISHING-FISH FIRST!

**Tilden, Lake Anza** Fish First!  
10am-4pm, Sun, Mar 14 #5389  
7am-1pm, Sun, Apr 11 #5840  
This exciting and informative day is geared toward the beginning angler. Spend three hours at Lake Anza to practice casting with coaching from a certified fly-casting instructor. Then enjoy three hours of classroom instruction where you will be introduced to knots, fly selection, reading the water, and more. Don't miss your chance to learn! (18+yr)

**Reg. Required: (510) 636-1684**

**Fee: \$60 (non-res. \$66)**

### BOAT TO BROOKS ABOARD DELPHINUS

**Berkeley Marina** Dolphin Charters  
8am-2pm, Sat, Mar 20 #5938  
8am-2pm, Sat, Mar 27 #5939  
All aboard! Come join us for a relaxed boat ride in the Richmond Marina. Destination: Brooks Island! Participants will be ferried to the island to enjoy a guided, two-mile hike around this beautiful preserve. Hot coffee, hot chocolate, and tea are provided. This is a trip you don't want to miss! (12+yr)  
**Reg. Required: (510) 636-1684**  
**Fee: \$65 (non-res. \$73)**

### FULL MOON PADDLE

**Lake Chabot Marina** Current Adventures  
6-9pm, Sat, Apr 3 #5927  
This unique course is the first step in learning paddle touring and sea kayaking. Get in-depth instruction for paddling in calm water. Participants will explore the lake during twilight and return to the marina as the moon rises. A brief introduction to the equipment and paddle strokes will be provided for those who have never kayaked. Don't miss out! Parent participation required for youth 5-13 years. (5+yr)

**Reg. Required: (510) 636-1684**

**Fee: \$59 (non-res. \$65)**

### INTRO TO FLYFISHING-LOIS KILBURN

**Shadow Cliffs** Lois Kilburn  
8:30am-2:30pm, Sun, Apr 4 #5507,  
Apr 25 #5514

In this introductory class you will learn basic knots, the roll cast, pick-up and lay down cast, false casting, and how to select equipment and set up your fly rod. The class is taught by 15 year veteran, Lois Kilburn, who is certified by the Federation of Fly Fishers and is a national champion tournament caster. (15+yr)

**Reg. Required: (510) 636-1684**

**Fee: \$60 (non-res. \$66)**

### BROOKS ISLAND ADVENTURE-CKK

**Brooks Island** California Canoe & Kayak  
9am-3pm, Sun, Apr 4 #5515

Be whisked away to a beautiful island in the bay! This guided, instructional day trip to Brooks Island is an easy, short paddle in stable, double kayaks—an excellent introduction to kayaking for beginners that includes instruction on paddle strokes, equipment, etc. Enjoy a guided, relaxed, 2-mile hike around this island's preserved shoreline that is normally closed to visitors. (14+yr)

**Reg. Required: (510) 636-1684**

**Fee: \$85 (non-res. \$95)**

### INTRO TO BAY PADDLING-CA

**MLK Jr. Shoreline** Current Adventures  
10am-3pm, Sat, Apr 17 #5926

If you were with us for Discover Kayaking or have basic kayaking knowledge, join us for this intermediate class—an in-depth focus on skills necessary to go paddling on your own. You will learn proper strokes and maneuvers, tide/current basics while paddling on the bay, and capsize recovery. You will also earn a certificate to rent your own kayak. The marshlands surrounding MLK Jr. Shoreline offer great opportunities for viewing shorebirds while you learn to navigate the bay environment. Parent participation is required for children 10-13. (10+yr)

**Reg. Required: (510) 636-1684**

**Fee: \$85 (non-res. \$95)**

### BROOKS ISLAND ADVENTURE-CA

**Brooks Island** Current Adventures  
10am-3pm, Sun, Apr 18 #5838  
Come join us for an exciting day of kayaking and exploration! Instructors will give a brief introduction to equipment and strokes during a trip through the picturesque Richmond Harbor. The trip is an easy, short paddle in stable, double kayaks across sheltered bay water with spectacular views of San Francisco and the bridges. Paddle along Brooks Island preserved shoreline then come ashore to enjoy a guided, 2-mile hike around the island which is normally closed to visitors. Includes a stop for a shared potluck lunch. (14+yr)

**Reg. Required: (510) 636-1684**

**Fee: \$85 (non-res. \$95)**

### ON-STREAM FLY FISHING

**SKILLS CLINIC** Lois Kilburn  
8:30am-2:30pm, Sat, Apr 24 #5998

This class will focus on how to read moving water, how to strengthen your techniques of fishing on moving water, mending, reach casts, curve casts, high stick nymphing, and dry fly fishing in moving water. This may be the only on-stream class offered this season so don't miss out! This is a skills-only class. Hooks are not used and fishing is not currently allowed at Sunol. (15+yr)

**Reg. Required: (510) 636-1684**

**Fee: \$60 (non-res. \$66)**

## ARDENWOOD

Ardenwood is open Tues. - Sun, from 10 a.m.-4 p.m. House tours are available by reservation only (call 510-791-4196). Food service, blacksmithing demonstrations and horse-drawn train rides will return in April. Admission fees apply. For program and fee info: (510) 796-0663, ardenwood@ebparks.org or www.ebparks.org.

### GATHERING OF THE SCOTTISH CLANS

**Ardenwood** Tri-City Scottish Assoc.  
10am-4pm, Sat, Apr 3

Celebrate Tartan Day and join the pageantry as Scottish folk from all over the area gather their clans and celebrate their heritage. Enjoy bagpipe bands, highland dancing, traditional Scottish food and historic re-enactments including Mary Queen of Scots and her Court. There will also be Clan Society exhibits and special Highland games for children.

**Special Event Fee: Adult \$8, Senior \$6, children (4-17) \$5, 3+ yrs. & under free**

**FARMYARD FUN SCAVENGER HUNT** Sara Fetterly  
Ardenwood

11am-noon, Sat, Mar 6, 13

Can you find a peacock feather? Can you see a 'gale'? Join us as we learn how and where to find Ardenwood's hidden treasures. Your artistic and athletic abilities will be challenged in this fun family-oriented scavenger hunt.

### FROM THE FOREST TO THE FARM

**Ardenwood** Jennifer Ferreira  
1-2pm, Sat, Mar 6

When, where, how and why were the first farm animals domesticated? Learn about the origins of today's farm animals as we meet the farm's residents.

### WHAT'S BREWING ON THE FARM

**Ardenwood** Ira Bletz  
1-3pm, Sat, Mar 6, Sun, 14, 28 #5794

Discover the ancient art of homebrewing in this three-part, hands-on workshop. You'll boil the wort, pitch the yeast and explore the science of fermentation. Learn beer's incredible history and fascinating lore. We'll brew and bottle a special batch of Ardenwood ale for you to take home. (21+yr)

**Reg. Required: (510) 636-1684**

**Fee: \$26 (non-res. \$30)**

### GROWING GROOVY GRASSHEADS

**Ardenwood** Sara Fetterly  
2-3pm, Sat, Mar 6, 13

Grassheads are back by popular demand! These biodegradable planter pals will actually grow hair! After a while, plant them in your garden and they will reincarnate into a beautiful flower bush. Groovy!

### JOHNNY APPEASED DAY

**Ardenwood** Sara Fetterly & Staff  
11am-3pm, Sun, Mar 7

Join us in celebrating one of America's favorite folk heroes. In the spirit of Johnny Applesed, we will begin the day by planting trees, then we will relax and enjoy a fun filled afternoon of crafts, stories and apple tasting.

### BUTTER ME UP

**Ardenwood** Sara Fetterly  
1-2pm, Sat, Mar 13

Butter me up and I will share the secret of old-fashioned butter making. Take a turn on the churn and then taste this delectable dairy dish on crackers.

### FARM CHORES FOR KIDS

**Ardenwood** Staff  
10:30-11:30am,

Sun, Mar 14, Sat, Mar 20, 27, Apr 24  
Young farmers are invited to help with the morning chores. Shell and grind corn, check the hen house for eggs, and give the animals a morning snack.



## SUNCATCHER CRAFT

Ardenwood

Sara Fetterly

1-2pm, Sun, Mar 14

Celebrate the return of spring by creating a beautiful suncatcher. Walk the lush, green farm for inspiration, and then join us in the Granary for a bit of creative camaraderie while you make our own suncatcher masterpiece.

## HAY YOU!

Ardenwood

Sara Fetterly

2-3pm, Sun, Mar 14

Come learn the difference between straw and hay. See how farmers cut, baled, and stored this precious farm food. Try your hand at hoisting the bales into the hayloft, then grab a handful and feed it to a farmyard friend.

## CRITTERS BEHIND DECOMPOSITION

Ardenwood

Jennifer Webber

12:30-1:30pm, Sat, Mar 20, 27

What happens when you throw things away? Do they stay there forever? Decompose? Or change form? Come and see how the decomposition process works, which critters are involved and what happens to our kitchen scraps and garden trimmings. Learn how to make the magic of compost happen at home.

## PREPARING THE KITCHEN GARDEN FOR PLANTING

Ardenwood

Gaeta Bell

1-3pm, Sat, Mar 20

It's time to put the final touches on our garden beds, so they are ready for first planting of the year. From soil to seeds, learn the steps that help make the garden happy and healthy.

## SPRING HAS SPRUNG

Ardenwood

Gaeta Bell

11am-noon, Sun, Mar 21

Spring often brings new arrivals (baby animals, that is) to the farm. Join us as we visit our resident farm animals and see if there are any surprises!

## POTATO LORE AND MORE

Ardenwood

Gaeta Bell

1-3pm, Sun, Mar 21

Join us in the vegetable garden as we plant this year's heirloom potato crop. Learn the fascinating history of this important food. Find out why variety is so important to our food's gene pool.

## FARM VOLUNTEER TRAINING

Ardenwood

Christina Garcia

10am-2:30pm, Sat, Mar 27, Apr 10

7 to 9pm, Tue, Mar 30, Apr 6 & 20

Would you like to share your enthusiasm for history? We're looking for people who want to learn to cook on a woodstove, demonstrate antique farm machinery, care for animals, and teach historic crafts such as spinning, weaving, and toy making. After completing the 5 days of training, you'll be ready to help bring the past alive for visiting school children and families as an Ardenwood Farm Volunteer. Call for application and details. (14+ yrs)  
**Reg. Required: (510) 796-0199**

## HEIRLOOM KITCHEN GARDEN

Ardenwood

Gaeta Bell

2:30-3:30pm, Sat, Mar 27

Lend a hand weeding, watering, turning compost and preparing the soil beds for spring planting. Learn how to take the mystery out of growing delicious vegetables.

## BARNYARD BUDDIES

Ardenwood

Staff

11am-noon, Sun, Mar 28

Here's your chance to get up close to all your favorite barnyard pals. Feed the goats a snack, pet a bunny, greet the heifers and tickle a chicken (if you dare).

## STARTING SPRING VEGETABLES IN THE GREENHOUSE

Ardenwood

Gaeta Bell

1-2pm, Sun, Mar 28

Help get the spring vegetable garden off to a good start. Starting now will ensure a late spring and early summer harvest. Learn what it takes to give a seed a good start in life and the interesting stories behind some of your favorite vegetables.

## POLE AND BUSH BEAN PLANTING

Ardenwood

Gaeta Bell

2:30-3:30pm, Sun, Mar 28

Come lend a hand as we plant our annual bean crop. Learn why some need support and others do not!

## DRAFT HORSES THROUGH TIME

Ardenwood

Tara Reinertson

11am-noon, Sun, Apr 4

Meet Duke and Doc, our beautiful Percheron draft horses. Learn about the many jobs of a draft horse on a farm and the exciting history of these gentle giants. Once the most numerous breed of draft horses in America, Percherons were rapidly displaced by tractors in the 1950s. Discover why many farmers today are choosing to work with draft horses.

## WONDERFUL WORM WORKSHOP

Ardenwood

Tara Reinertson

2-3pm, Sun, Apr 4

Delve into the virtues of vermicompost and find out how using a worm compost system at home can help reduce garbage waste and improve your garden at the same time. Learn how to build your own worm bin and what it takes to keep a healthy population all year.

## MEET THE BUNNIES

Ardenwood

Staff

11am-noon, Sat, Apr 10, Sun, Apr 11

Rabbits are popular pets, especially this time of year. Hear some folktales featuring rabbits and find out how they came to be associated with Easter. Visit with our farm bunnies and learn what they need to be happy and healthy.

## EGG DECORATING

Ardenwood

Staff

1:30-2:30pm, Sat, Apr 10

Venerated as a symbol of nature's rebirth, eggs have for centuries been dyed and exchanged at springtime. Learn the history of egg decorating as you try our techniques for embellishing nature's perfect package.

**Fee: \$2**

## SEARCH FOR THE GOLDEN EGG!

Ardenwood

Tara Reinertson & staff

1-1:30pm, Sun, Apr 11

The sound of the bell marks the beginning of this special Ardenwood egg experience. Join the hunt for the 'Golden Egg' where a single egg is the prize! When the golden egg is found all participants will get a treat. (Please note: families are welcome to organize their own egg hunt at Ardenwood. BYOE, Bring Your Own Eggs!)

## EASTER EGG ROLL

Ardenwood

Tara Reinertson

2:30-3pm, Sun, Apr 11

Since 1878, the White House annually opens its lawn to host this quirky American tradition. There's no need to travel to Washington, because we have a fabulous green lawn and a big White House right here at Ardenwood! Bring your family and a picnic and enjoy the fun and games of Easter.

## CHICKEN SCRATCH

Ardenwood

Staff

11am-11:45am, Sat, Apr 17

Make a special snack for the hens, then visit the coop to hunt for eggs and feed the chickens. Learn the secret of the pecking order and meet an "Easter Egg Chicken."

## HAY HOISTING

Ardenwood

Staff

1-2pm, Sat, Apr 17, 24

Make rope with our antique machine, then see how lots of rope plus a few pulleys make hoisting hay bales into the barn loft a cinch.

## CORN PLANTING

Ardenwood

Christina Garcia

2-3pm, Sat, Apr 17, 24

Learn to use a variety of antique equipment as you help plant this year's corn crop. Prepare the seed with the sheller and fanning mill, then try your skill at the corn planter as we discover some of corn's remarkable history.

## TO BEE OR NOT TO BEE

Ardenwood

Tara Reinertson

11am-noon, Sun, Apr 18

Make a beeline for the farm and discover the fascinating world of the honeybee! Through fun and games we will learn how bees collect nectar from flowers and why farms need bees to produce much of their food. Great for children and adults.

## BEESWAX CANDLE-MAKING

Ardenwood

Tara Reinertson

2-3pm, Sun, Apr 18

Are you burning your candle at both ends? Slow down and relax as you step back in time and learn how to make candles out of the natural products from honey bees. Take home a sweet smelling gift that will burn brightly through the night.

**Fee: \$3**

## NATURE JOURNALING

Ardenwood

Tara Reinertson

10:30am-noon, Sun, Apr 25

"To know a flower is like knowing a friend, it takes time"-Georgia O'Keefe. Foster your kinship with the natural world through starting a practice of nature journaling. Discover how slowing down and taking time to observe the world around us, can open the doors to whole new way of knowing nature. Bring a sketch pad and drawing supplies.

## SEED SAVING

Ardenwood

Tara Reinertson

2-3pm, Sun, Apr 25

Did you know that it is estimated that we have lost 80-90 percent of our vegetable and fruit varieties in the last 100 years? Discover how you can get involved in preserving seeds of delicious heirloom fruits and vegetables for future generations and learn how to build your own seed saving screen. We will give you a collection of heirloom seeds to plant. (9+ yrs)

## BLACK DIAMOND

All Black Diamond programs (unless otherwise noted) meet at the parking lot at the south end of Somersville Road in Antioch. For info call (925) 757-2620 or email [bdvisit@ebparks.org](mailto:bdvisit@ebparks.org).

## GREATHOUSE VISITOR CENTER

Black Diamond Mines

Staff

10am-4:30pm, Saturdays and Sundays

Drop in and view the workings of a 20th-century sand mine and learn about the lives of the 19th-century coal miners in Greathouse Visitor Center. Artifacts and photographs are displayed and a video featuring former Mt. Diablo coalfield residents is shown.

## HAZEL-ATLAS

## SILICA-SAND MINE TOUR

Black Diamond Mines

Staff

Saturdays and Sundays March-November

Explore the underground through a guided tour and learn its history, geology, and the methods used to mine the sandstone. An hour-long, advanced reservation tour is offered at 11 a.m., 1 and 2 p.m. A 10 a.m. tour is available to groups of 10+. First come/first served tours are at noon and 3 p.m. (7+ yrs)  
**Reg. Required: (510) 636-1684**

**Fee: \$3**

## FLOWERING FLORA

Black Diamond Mines

Sabrina Dasso

2-3pm, Sat, Mar 6

Enjoy the glory of spring in this armchair tour of beautiful bloomers. Information about finding these floral delights will be shared.

## FULL MOON AND FIDO

Black Diamond Mines

Sabrina Dasso

5-7:30pm, Sat, Mar 6

Grab your four-footed friend and head out the ridge with us on a hunt for the Worm Moon. We'll discover what dogs and worms have to do with this glowing delight.

**Reg. Required: (925) 757-2620**

## EARLY BLOOMERS

## IN THE CHAPARRAL

Black Diamond Mines

Sabrina Dasso

10am-noon, Sat, Mar 13

This important habitat is all dressed up to welcome back the warming sun. Enjoy the beautiful spring fashions of ceanothus, paintbrush, and shooting stars.

## WILDFLOWER WATCH

Black Diamond Mines

Sabrina Dasso

1:45pm-3:45pm, Wed, Mar 17, 24, 31, Apr 21, 28, May 5, 12

The wildflower show lasts for weeks, so come out to catch the spring splendor. We will meet once a week to enjoy the flowers as they reach the different stages of the season. Call the Tuesday prior to the hike to find out where we're meeting. Ending times may vary.  
**Reg. Required: (925) 757-2620**

## KNOBBERS

Black Diamond Mines

Sabrina Dasso

3:30-5pm, Thu, Mar 18, Apr 22

Join us for a snack, stories, games, crafts and a modern-day look at life as a 19th-century coal miner's helper. **March 18:** Discover what it was like working with "black diamonds."

**April 22:** Discover what these kids did for good old-fashioned fun. (8-12 yrs)

**Reg. Required: (925) 757-2620**

**Fee: \$6 (non-res. \$8)**

## MINES, MINERS AND MINERALS

Black Diamond Mines

Bob Knapke

10am-noon, Sat, Apr 3 #5398

Follow in miners' footsteps as we hike Stewartville and Pittsburg Mine trails and venture into the Hazel-Atlas Mine. (7+ yrs)  
**Reg. Required: (510) 636-1684**

**Fee: \$3**

## SCHOOLS OUT: EGCGITTING DYES

Black Diamond Mines

Sabrina Dasso

10:30-11:30am, Fri, Apr 9

Discover the beauty and purpose of plant pigmentation as we use some of nature's finest colors to dye your eggs this spring.  
**Reg. Required: (925) 757-2620**

**Fee: Dozen eggs, \$2**

## ROSE HILL CEMETERY WORKDAY

Black Diamond Mines

Bob Knapke

1-4pm, Sat, Apr 10

Join us for a delightful day of weeding and cleaning in our pioneer cemetery. Bring gloves, we'll provide the tools. Rain cancels.  
**Reg. Required: (925) 757-2620**

## SOMERSVILLE VAN & MINE TOUR

Black Diamond Mines

Bob Knapke

10am-noon, Sat, Apr 17 #5411

Take a ride through history as we study Somersville, a nineteenth-century coal-mining town, and tour the Hazel-Atlas Mine, a twentieth-century silica source. (55+ yrs)  
**Reg. Required: (510) 636-1684**

**Fee: \$3**

## STAR MINE SENIORS' TOUR

Black Diamond Mines

Mike Mow

10am-1pm, Sat, Apr 24

Pack a picnic for a van trip into Black Diamond. We'll visit the Star Mine Group Camp and take short hikes to look at wildflowers and a nineteenth-century prospect tunnel.  
**Reg. Required: (925) 757-2620**



## COYOTE HILLS

The Coyote Hills Visitor Center, open Tue.-Sun. 9:30 a.m.-5 p.m., has books, bug boxes, and other items for sale. For info call (510) 795-9385 or email chvisit@ebparks.org.

### COYOTE SCOUT INSTITUTE

**Coyote Hills** Kristina Parkison  
9:30-11:30am, Sat, Mar 20, Apr 3, 17  
Get out for adventure and exploration! Coyote Scout Institute introduces you to the cultural and natural history of the Bay Area through fun, hands-on experiments and investigations. Each class covers a different topic, so come prepared to learn and have fun. (8-12yrs)  
**Reg. Required: (510) 795-9385**  
**Fee: \$6 (non-res. \$8)**

### ARCHAEOLOGY ADVENTURES

**Coyote Hills** Kristina Parkison  
1:30-3:30pm, Sat, Mar 6  
Become an archaeologist as we delve into our colorful past. We will practice methods archaeologists used to unlock the secrets of the Ohlone shellmounds. Digging is no longer allowed at the site, so we will practice elsewhere before ending our class with a tour of our reconstructed village at the shellmound. (8yrs)  
**Reg. Required: (510) 795-9385**  
**Fee: \$2**

### ARROWHEAD MAKING WORKSHOP

**Coyote Hills** Beverly Ortiz/Ken Peck  
10am-4pm, Sun, Mar 7 #5481  
Join flintknapper Ken Peck to learn the ancient Ohlone skill of arrowhead making using obsidian (volcanic glass). You'll learn how this material can be shaped into sharp-edged tools of various types and about the culture and history of the Ohlone people from naturalist Beverly Ortiz. (16+yrs)  
**Reg. Required: (510) 636-1684**  
**Fee: \$20 (non-res. \$22)**

### SUNDAY NATURE ADVENTURES

**Coyote Hills** Staff  
9-11am, Sundays in March and April  
The park is full of a thousand stories about plants, animals, and history. You'll be able to learn about snakes or butterflies, marshes or shellmounds and what makes them important in the world we live in. Call for details for the day you're planning to visit. This program is perfect for scout and church groups.

### COYOTE CUBS

**Coyote Hills** Kristina Parkison  
9:30-11:30am, Tue, Mar 9, 23, Apr 13, 27  
Shake hands with a snake, eat at the Bird Beach Cafe or try coyote nose juice. Sound interesting? It is! These hands-on nature explorations are designed with little ones and their guardians in mind. Each session covers a different theme. Make us your regular stop for fun and adventure! (3-5yrs)  
**Reg. Required: (510) 795-9385**  
**Fee: \$6 (non-res. \$8)**

### VOLUNTEERS IN THE GARDEN

**Coyote Hills** Jan Southworth  
9:30-11:30am, Sat, Mar 13, Apr 10  
Join our hardy band of helpers as we tend to the Nectar Garden. Observe animal antics as spring enlivens their behavior; enjoy the conversation of fellow gardeners and a tasty refreshment as well. (10+yrs)  
**Reg. Required: (510) 795-9385**

### THE GARDEN IS OPEN

**Coyote Hills** Jan Southworth  
10am-4pm, Sat, Mar 13, Apr 10  
Spring is fast approaching. Observe the great tapestry of life as it unfolds in the garden. Spend a few quiet moments observing the birds, butterflies and other wildlife at work and play. Learn tips for creating your own habitat garden. Enjoy a feast for your senses while you celebrate the intelligence of nature.

## MARSH MYSTERIES

**Coyote Hills** Kristina Parkison  
1:30-3:30pm, Sat, Mar 20  
Join us as we unlock the mysteries of the marsh through riddles and special guided hikes. We'll discover the plants and animals that call this amazing habitat home while learning the importance of wetlands. (7+yrs)

## SHELLMOUND WORKDAY

**Coyote Hills** Beverly Ortiz  
10am-4pm, Sun, Mar 21  
Join Ohlone descendants and park naturalists in the reconstruction of Ohlone-style houses at a more than 2,000 year-old village site of the Tiubun Ohlone. You'll help us build a ramada, gather cattail and make mats to thatch the houses, and clean and weed the site, as you learn how the Ohlone were successful in living in this area for so long. Wear long pants, bring gloves and lunch. We'll provide snacks and tools. (12+yrs)

## CENTRAL CALIFORNIA INDIAN COILED BASKETRY

**Coyote Hills** Bev Ortiz/Carol Bachmann  
7-9:30pm, Thu, Apr 1, May 6, Jun 3, Jul 1, Aug 5, 10am-3:30pm, Sun, May 2 #5493  
How would you carry and store your food and other essential materials using only plants? Join Carol Bachmann (Mutsun Ohlone) and Naturalist Beverly Ortiz to learn the basics of coiled basketry using sedge, willow and redbud, then make your own basket using Sierra Mewuk techniques. Ohlone techniques will also be introduced. (18+yrs)  
**Reg. Required: (510) 636-1684**  
**Fee: \$125 (non-res. \$139)**

## GOOEY GEOLOGY

**Coyote Hills** Kristina Parkison  
1:30-3:30pm, Sat, Apr 3  
Mouth-watering Magma...Delicious Lava... Goopy Geology will change the way you look at rocks! Learn basic geology while using all sorts of delicious ways to teach the different classifications of rocks. After this class, you'll know why geology "rocks"! (7+yrs)  
**Reg. Required: (510) 795-9385**  
**Fee: \$2**

## INTRODUCTION TO OHLONE BASKETRY

**Coyote Hills** Bev Ortiz/Carol Bachmann  
10am-noon, Sun, Apr 4  
After a break of many decades, several Ohlone have revived the basketry traditions of their ancestors. Through demonstrations, slides and a short video, you'll learn about basket-making materials and techniques, and the Ohlone that once lived in the park.

## SHELLMOUND OPEN HOUSE

**Coyote Hills** Bev Ortiz/Carol Bachmann  
1:30-4:30pm, Sun, Apr 4  
The Tiubun Ohlone once lived in the park for more than 2,000 years. Walk 1/2 mile to the former village site, where Carol Bachmann (Mutsun Ohlone) and Naturalist Beverly Ortiz will work on Ohlone-style baskets and answer your questions about Ohlone culture.

## THE TURKEY VULTURE

**Coyote Hills** Jan Southworth/Don Jedlovac  
10am-noon, Sat, Apr 24  
Ever had a TV watching you instead of the opposite? The Turkey Vulture (A.K.A.-T.V. Bird) is often seen gracefully soaring overhead or ungracefully tugging the guts out of a roadkill animal. Did you know that, unlike other birds, this species has not only a keen sense of smell but a hole in its head! Learn more about the fascinating behavior of this "garbage disposal of the bird world" through a "fact and photo" presentation by naturalist Jan Southworth and nature photographer Don Jedlovac. You'll develop a new appreciation for this much maligned species!  
**Reg. Required: (510) 795-9385**

## OHLONE SHELLMOUND TOUR

**Coyote Hills** Jan Southworth  
1:30-3:30pm, Sat, Apr 24  
Native Americans lived at this site for over 2,000 years. Learn their history and study archaeological clues that reveal the story of their ancient lifestyle. We'll try an activity the Ohlone once enjoyed.  
**Reg. Required: (510) 795-9385**  
**Fee: \$2/person; \$5/family**

## CRAB COVE

Crab Cove Visitor Center reopens Saturday, March 6, then it will be open Wednesdays-Sundays from 10 a.m.-4:30 p.m. through November. School programs are available. For information about naturalist programs or other activities call (510) 521-6887 or email ccove@ebparks.org.

## CRAB COVE'S SEASON OPENING DAY

**Crab Cove** Staff  
10am-4:30pm, Sat, Mar 6  
Join us for a day of fun in the park! We'll have free nature programs and a special performance by the Amazing Harmonatras from 11 a.m.-1 p.m., performing songs from the Gold Rush era. Call for the schedule of the day's events: (510) 521-6887.

## FULL MOON MINUS TIDE EXPLORATION

**Crab Cove** Gail Broedser  
5-7pm, Sat, Mar 6  
The tide is out and the moon is full! Explore with a naturalist and discover who lives in the Bay's inter-tidal zone. We'll start with a dry "dive" then go out to see who we can find as the sun sets over San Francisco Bay. (adults)  
**Reg. Required: (510) 521-6887**

## ORIENTATION TO GRAY WHALE WATCHING

**Crab Cove** Nancy Krebs  
1-2pm, Sun, Mar 7  
If you plan to whale watch by boat this season, attend our Gray Whale orientation. We will discuss their habits, why they migrate, and what you might experience on a boat trip. Crab Cove offers boat trips in March! Non-boating whale lovers are welcome to join us for today's armchair adventure. (8+yrs)  
**Reg. Required: (510) 521-6887**

## SHARKS AND RAYS ARE FISH TOO!

**Crab Cove** Naturalist Nancy  
3-4:30pm, Sun, Mar 7  
Dive into the world of sharks and rays. Games, a movie clip, a craft, and related activities will provide a lively opportunity to learn more about these cartilaginous fish. Observe leopard sharks swimming in our 800 gallon aquarium! (7+yrs)

## LOW TIDE AT THE COVE

**Crab Cove** Staff  
11am-noon, Sat, Mar 13, 27, Sun, Mar 14  
The tide goes out leaving gifts from our Bay-estuary and exposing the front doors to all kinds of creatures homes! Take this guided exploration to find clues about the animals who make the Cove their home.

## POND DISCOVERY WALK

**Crab Cove** Staff  
11am-noon, Sat, Mar 20, Sun, Mar 21  
Discover what makes our urban pond an important area for wildlife. Find out who's nesting or feeding in the cattails. Find out about plans to dredge the pond and how you can help restore the habitat.

## WHAT'S THE POINT?

**Crab Cove** Joseph C. Ritchie  
11am-noon, Sat, Mar 27  
Take a short stroll to Crab Cove's point and discover evidence of this landform's unique natural and human history. Dress for the mud and the weather; we go rain or shine.

## LOW TIDE MUD SCOOP TO MICROSCOPE

**Crab Cove** Naturalist Nancy  
12-1:30pm, Sun, Mar 28  
Join this Junior Scientist venture to study mudflat ecology. Wear clothes that can get dirty and rain boots because we're gonna walk the mudflats, complete a "mud grab," sort through the mud looking for critters, and use a microscope to view our findings! (5+yrs)

## RABBIT, RABBIT

**Crab Cove** Staff  
10-11:30am, Sat, Apr 3  
The intricacies of rabbit life will be revealed when Susan Davis, author of *Stories Rabbits Tell: A Natural and Cultural History of a Misunderstood Creature*, presents this special family program. Learn about the lives of wild bunnies, the needs of pet bunnies and the many rabbits of myth and legend. So hop on over for a good time!

## GRAND OPENING CELEBRATION

**Crab Cove** Staff  
1-4pm, Sat, Apr 3  
Celebrate the grand opening of our all new exhibits and the Regional Parks 70th Anniversary. Features include special musical guests 'The Amazing Harmonatras' with songs from the Gold Rush era from 11am-1pm. Then 'Dogwatch Nautical Band' will entertain us with sea chanteys from 2-4pm. We'll also have FREE fun activities for the whole family including crafts, guided walks, refreshments and more! Learn more about the animals that make their homes in the Bay with interactive games and an 800 gallon Bay aquarium teaming with fish. View the time line of human activities along the bayshore and watch a video clip from Andy Pagano. A silent auction will benefit Crab Cove's educational programs. For a complete schedule call (510) 521-6887.

## "I SPY" WALK

**Crab Cove** Staff  
1-2pm, Sun, Apr 4, 11, 18, 25  
Visit our pocket-of-wilderness pond and find out who are making their homes in the watery muck and cattails. See how many different kinds of nests, baby creatures, blossoms or other signs of spring you can view. It might be different each time you come visit!

## SEA SIBLINGS

**Crab Cove** Naturalist Nancy  
9:30-10:30am, 11am-noon, Tue, Apr 6, 20  
Sea Siblings targets the 3-5 year old learning ability while providing the option of inviting 1-5 year old siblings or a friend along. Each class provides outdoor exploration and a theme-related craft. All children pay the course fee. **April 6:** Airborne Adventures—spiderlings balloon, seashells, dragonflies hover, and geese flap. Experience the wonder of aerial travel. **April 20:** Gardening—How does your garden grow? Meet some seedy characters who will blossom with your care.  
**Reg. Required: (510) 521-6887**  
**Fee: \$4**

## ESTUARY EXPLORERS

**Crab Cove** Naturalist Nancy  
3:30-5pm, Thu, Apr 8, 22  
Estuary Explorers is designed for 6-8 year olds and includes outdoor exploration and a theme-related craft and snack. Parents/guardians are encouraged to drop off their child to allow for a slightly more independent nature experience. **April 8:** Aerial Acrobatics—drifting, gliding, hovering and flapping; explore how organisms move in air. **April 22:** Seeds, Root and Shoot—experiments, observation, and exploration will reveal the amazing functions of plant parts.  
**Reg. Required: (510) 521-6887**  
**Fee: \$6 (non-res. \$8)**



**BAY BIRD BONANZA**

Crab Cove

2-3:30pm, Sat, Apr 10

Learn about the amazing shorebirds found along the bay's edges before they take flight on their Arctic summer breeding grounds. Hands on artifacts, games, and binoculars bring their world into view for you!

**SEA SQUIRITS**

Crab Cove

10-11:30am, Tue, Apr 13, 27

Exclusively for 3-5 year old's accompanied by an adult, this is a great way to discover nature with your little one. Each program offers outdoor exploration and a theme-related craft and snack. See our "Sea Siblings" program if you prefer to have 1-5 year old's join their 3-5 year old siblings. **April 13:** Airborne Adventures—spiderlings balloon, seeds sail, dragonflies hover, and geese flap. Experience the wonder of aerial travel. **April 27:** Gardening—How does your garden grow? Meet some seedy characters that will blossom with your care.

**Reg. Required: (510) 621-6887****Fee: \$6 (non-res. \$8)****ALAMEDA EARTH DAY FESTIVAL**

Crab Cove

10am-2pm, Sat, Apr 24

Join us in the city-wide festival celebrating our Earth and learn what you can do to help preserve it. Booths, activities, and games promise fun for all ages! Ride your bike to the event and do even more to help make Planet Earth a healthy place for living things! Call for festival location.

**SUNOL**

Sunol Visitor Center is open Sat. Sun. 10 a.m.-4:30 p.m. For info, call (925) 862-2601 or email [visit@ebparks.org](mailto:visit@ebparks.org).

**WILDERNESS EXPLORERS/ TREKKERS**

Sunol

Times and dates vary

Kids are invited to join a naturalist to explore the changing seasons in the wilderness. Each session will be a different topic. Parental participation usually optional but may be required for some programs. Enrollment limited. Call for availability. (Grades K-6)

**Reg. Required: (925) 862-2601****Fee: \$6 (non-res. \$8)****OUTDOOR DISCOVERIES**

Sunol

10-11:30am, Thursdays

Children and an adult will explore the wilderness. Different natural or cultural history adventures presented each week. Enrollment limited. Call for availability. (3-5yrs)

**Reg. Required: (925) 862-2601****Fee: \$6 (non-res. \$8)****ALMOST FULL MOON HIKE—LITTLE YOSEMITE**

Sunol

5-7:45pm, Fri, Mar 5

As the sun makes its nightly descent, we'll wend our way up into the hills overlooking Alameda Creek and descend as the almost-full moon rises. We'll navigate back by moonshine while listening for creatures of the night. Bring one flashlight per person. (7+yrs)

**VALLEY NATURE RIDE**

Sunol

10-10:45am, Sun, Mar 7 #5799, Mar 21

#5800, Apr 18 #5801, Apr 25 #5802

Enjoy an introduction to the cultural and natural history of Sunol, then mount up for a 20-minute guided horseback ride. (6+yrs)

**Reg. Required: (510) 636-1684****Fee: \$17 (non-res. \$19)****SUNOL TO MISSION PEAK**

Sunol

9am-3:30pm, Sat, Mar 13

A 10.5 mile round-trip hike up the backside of this famous Bay Area landmark. We'll discover natural and historical points of interest and enjoy spectacular views of the Bay Area along the way. (8+yrs)

**Reg. Required: (925) 862-2601****Fee: \$12 (non-res. \$14)****EDIBLE WILD PLANTS**

Sunol

9:30am-1:30pm, Sat, Mar 13

Discover the variety of native and introduced plants that were part of the diet of our ancestors (or somebody's ancestors) on a short walk. We will bring back a sampling to include with our lunch.

**Reg. Required: (925) 862-2601****Fee: \$5 (non-res. \$7)****SOAPROOT BRUSHES & DOGBANE STRING**

Sunol

2-4:30pm, Sat, Mar 13 #5804

Native Californians used the fiber and gluey pulp of the soaproot plant to make brushes used in acorn processing. We will first make a bit of dogbane string to use to tie the brush together. (15+yrs)

**Reg. Required: (510) 636-1684****Fee: \$20 (non-res. \$22)****THE ART OF CALLING DOWN THE SUN**

Sunol

Noon-2pm, Sun, Mar 14

Try your hand at creating fire by friction. Learn other worldwide fire making processes, including fire by compression and fire by percussion. Join me to kindle your interest.

**Reg. Required: (925) 862-2601****SPRING WILDFLOWER FESTIVAL**

Sunol

11am-4pm, Sat, Mar 27

The hills are alive with wildflowers! Come along on a wildflower hike, view colorful slideshows, make a craft or two or three or more, play nature games and learn about the diversity and complexity of the blooms around us. Call for a complete schedule.

**MAKE SENSE ABOUT SENSES**

Sunol

1-2:30pm, Sun, Apr 4

Discover how wild animals survive with only their eyes, ears, nose and whatever else their mama gave them! With games and activities we'll learn about their five powerful senses. Sniff a mystery aroma, taste yerba buena tea, and find out how some creatures can find their way in complete darkness.

**SIGNS OF SPRING—ANIMAL TRACKS**

Sunol

9:30am-noon, Sat, Apr 10

Learn to read the "Damp Ground News." We'll see who walked the park by night and learn a bit about what they were doing as we make tracks ourselves.

**Reg. Required: (925) 862-2601****SCIENCE FOR TYKES**

Sunol

10-11:30am, Sat, Apr 10

4-5:30pm, Sat, Apr 24  
Budding scientists and their parents are invited on a series of outdoor nature programs set in a wildly exciting laboratory - the wilderness! **April 10:** Eggstravaganza—delve into the egg-citing world of oology and dye our eggs with natural colors. **April 24:** Birds, Bugs and Buds—Today, we'll explore the relationship between the beautiful world of flowers and the pollinators who make it all possible! (4-8yrs)

**Reg. Required: (925) 862-2601****Fee: \$6 (non-res. \$8)****SIGNS OF SPRING—MOTHER NATURE'S BLOOMERS**

Sunol

1-3:30pm, Sat, Apr 10

Roam the hills in search of late spring wildflowers and learn some lore of their uses by bees, butterflies and humans. (10+yrs)

**Reg. Required: (925) 862-2601****SUNRISE & MOONBEAMS FROM FLAG HILL**

Sunol

5:30-9am, Sun, Apr 11

Rise with the birds this morning for an energetic hike up Flag Hill. Weather willing, we'll watch the sun dance for joy on a distant ridgetop. We'll share a sunrise snack and wend our way back looking for wildflowers and other miraculous things. Register by Fri., April 9.

**Reg. Required: (925) 862-2601****SNAKES LAID EGGS TOO**

Sunol

11am-12:30pm, Sun, Apr 11

Keep an eye out in the picnic area today for the roving naturalist and her pal Julius Squeezer, the gopher snake. Discover that chickens aren't the only animals that lay eggs!

**SKETCH HIKE—WILDFLOWERS**

Sunol

9am-3pm, Sat, Apr 24 #5837

Spend a glorious spring day sketching in the great outdoors. We'll explore the fascinating and colorful world of blooms and their pollinating counterparts. Approximately 1.5-2.5 miles with some guaranteed elevation gains. We'll make several stops during our hike to do some short sketching exercises and have one or two longer drawing sessions and lunch. (10+yrs)

**Reg. Required: (510) 636-1684****Fee: adult \$15, child \$10****(non-res. \$17/\$12)****SCIENCE FOR TYKES:****NIGHT HIKE AND SLEEPOVER**

Sunol

6:30pm-10am, Fri, Apr 30-Sat, May 1

Spend the night under the stars listening for chirping crickets, chorusing frogs, the hooting of owls and the yipping of coyotes. We'll meet for a potluck dinner, gather around a campfire for a bit before taking an optional short hike out into the night. (4-8yrs)

**Reg. Required: (925) 862-2601****Fee: child \$15, adult \$7****(non-res. child \$17, adult \$9)****TILDEN NATURE AREA**

The Environmental Education Center is open Tue-Sun. 10 a.m.-5 p.m. The Tilden Farm is open daily. For info call (510) 525-2233 or email [tarea@ebparks.org](mailto:tarea@ebparks.org).

**TEA AT FOUR**

Tilden Nature Area

Alan Kaplan  
4-5:30pm, Mon, Mar 1, 8, 15, 22, 29, Apr 5, 12, 19, 26

Enjoy some of the best teas from the other side of the Pacific Rim and learn their cultural and natural history. Then, take a walk to see a natural event nearby: nesting birds, flowering shrubs, or a complete surprise!

**Reg. Required: (510) 525-2233****Fee: \$5 (non-res. \$7)****TILDEN PARK PAINTINGS EXHIBIT**

Tilden Nature Area

10am-5pm, March and April

The Environmental Education Center will exhibit oil and acrylic paintings of Tilden Regional Park by artist Deborah Shapelle. Paintings will include scenes of Little Farm animals, bathers at Lake Anza and Botanical Garden landscapes. Deborah has been hiking, biking, drawing and painting in Tilden Regional Park for many years and finds it an endless source of inspiration and pleasure.

**KIDS GARDEN CLUB**

Tilden Nature Area

2-4pm, Sat, Mar 6, 20, Apr 3, 17

**March 6:** Cooking—We'll discover the secrets of the kitchen and feast on garden goodies!  
**March 20:** Monarchs—Make a set of monarch wings to take home, play the metamorphosis game and plant milkweed to attract these beautiful insects. **April 3:** Spring—April showers bring spring flowers. We will plant and care for our plants in preparation for the summer heat. **April 17:** Bees—How are bees buzzing bugs related to our garden and the world of plants? Come find out and sample some honey too! (7-12yrs)

**Reg. Required: (510) 525-2233****Fee: \$3****BREAKFAST WITH THE BIRDS**

Tilden Nature Area

9:30-11am, Sun, Mar 7

Bring your own beverage, share some pastries and we'll watch what's feathered down the lake and meander back to the visitor center.

**Reg. Required: (510) 525-2233****Fee: \$3****WORK IN THE GARDEN**

Tilden Nature Area

1-3pm, Sun, Mar 7

Spring is near and we need lots of help weeding, planting and preparing the garden for the warmer weather. Learn to identify local butterfly species and what they need to have tools; call if you need gloves.

**Reg. Required: (510) 525-2233****Fee: \$3****MINI-GARDNERS**

Tilden Nature Area

2-3:30pm, Sat, Mar 13, Apr 10

Join this garden exploration program for 4-6 year olds accompanied by adults. **March 13:** Seeds—We'll learn the plant cycle and see where seeds come from. **April 10:** Dig—Dig your hands through our compost in search of worms and dig up your garden soil to discover what dirt is made of!

**Reg. Required: (510) 525-2233****Fee: \$3****GOODNIGHT, LITTLE FARM**

Tilden Nature Area

3-4pm, Sat, Mar 13

Rain or shine, the animals on the farm need to be fed and put away for the night. Round up the chickens, slop the hog, feed the cows, and everybody in night. Wear boots to get dirty!

**Reg. Required: (510) 525-2233****Fee: \$3****WHO GOES THERE?**

Tilden Nature Area

9:30-11am, Sun, Mar 14

Still wet out on the trail, let's do some tracking to find out what creatures live in the Nature Area.

**BUTTERFLY CLUB!**

Tilden Nature Area

1-3pm, Sun, Mar 14, 28

The Butterfly Club meets to learn about these colorful insects, growing native plants and habitat restoration. Bring your love of the outdoors! (8+yrs)

**Reg. Required: (510) 525-2233****SINGIN' IN THE RAIN**

Tilden Nature Area

1-3pm, Sun, Mar 14

The amphibians are still in their elemental! Hike and learn to identify the local species like slender salamanders, singing tree frogs, and the famous California newt. Dress for mud and rain.

**Reg. Required: (510) 525-2233****Fee: \$6 (non-res. \$8)****TILDEN TOTTS**

Tilden Nature Area

10-11:30am, Tue, Mar 16 or Wed, Mar 17

**Wed, Apr 7 or Thu, Apr 8**  
A nature adventure program for 3 & 4 year olds each accompanied by an adult. In April we'll learn about raccoons. In April we'll explore and taste the five parts of a plant.

**Reg. Required: (510) 525-2233****Fee: \$6 (non-res. \$8)**



**MINI-RANGERS**  
Tilden Nature Area Dave Zuckermann  
1:30-5:30pm, Tue, Mar 16, Apr 20  
Find out how it feels to be a Ranger! Join us for an active afternoon of nature study, observation and rambling through woods and meadows. For 8-12 year olds, unaccompanied by their parents.

**Reg. Required: (510) 525-2233**  
Fee: \$6 (non-res. \$8)

**JUNIOR SKYWATERS CLUB**  
Tilden Nature Area Nadia Stanis  
5:30-7:30pm, Sat, Mar 20, 2-4pm, Sun, Apr 18  
March 20: Planets—not all the bright balls of light in the sky are stars. We'll take a closer look at some planets in the telescope, and then make a mini-solar system to take home. April 18: Weather—How do the sun and planets affect the weather in the Bay Area? Come find out during an afternoon of cloud watching, weather predicting and fun. (8-11yrs)  
**Reg. Required: (510) 525-2233**  
Fee: \$4

**WELCOME SPRING!**  
Tilden Nature Area Jessica Sheppard  
8:30-10:30am, Sun, Mar 21  
Celebrate the awakening of spring with an early hike and a small feast to share in nature. You may enjoy the first light of day on your own, we will welcome the later dawn in our spacious canyon.  
**Reg. Required: (510) 525-2233**  
Fee: \$5 (non-res. \$7)

**LITTLE FARM HAS SOME LITTLE LAMBS**  
Tilden Nature Area Jessica Sheppard  
1-3pm, Mar 21  
Celebrate the first day of spring with a visit to our flock of black sheep to see if the lambs have arrived. All the ewes should have young ones by then. We can sing to them and search for the sheep of a different color.

**TILDEN EXPLORERS**  
Tilden Nature Area Linda Yemoto  
8:15-4:55pm, Wed, Mar 24, Thu, Apr 8  
A nature adventure program for 5-7 year olds who may be accompanied by an adult. In March we'll learn about raccoons and skunks. In April we'll learn about plant parts and pollination. No younger siblings, please.  
**Reg. Required: (510) 525-2233**  
Fee: \$6 (non-res. \$8)

**FEEL FUN**  
Tilden Nature Area Lauren Kelly  
2-3:30pm, Sat, Mar 27  
Make your own felt from our sheeps' wool. Discover felting, spinning, shearing and more!  
**Reg. Required: (510) 525-2233**

**SUNDAY MORNING BIRDWALK**  
Tilden Nature Area Jessica Sheppard  
5:10-10:30am, Sun, Mar 28  
Do you resolve to get outside and learn the birds for the New Year? This is for you, beginner birder. The birds should be busy this spring nesting, flirting and feeding. Call if you need to borrow binoculars.

**DOG WALK**  
Tilden Nature Area Jessica Sheppard  
2-4pm, Sun, Mar 28  
Bring your "best friend" with four paws for a ramble along the creek. We'll talk about the park rules for dog owners and why we don't want people or pups in the creeks. Don't forget a leash, water, baggies and be prepared for mud. Meet at Lone Oak picnic site by Meadows Playground.

**RETURN OF THE OVER-THE-HILLS-GANG**  
Tilden Nature Area Dave Zuckermann  
10am-noon, Tue, Mar 30, Apr 27  
Hikers 55 years and older interested in nature study, history, fitness and fun are invited on a series of monthly excursions exploring the Regional Parks. March 30: Tilden-hike the upper Wildcat watershed, including a car-free South Park Drive. April 27: Black Diamond-enjoy spring wildflowers and mining history on this hilly 3-mile loop.  
**Reg. Required: (510) 525-2233**

**ARTIST RECEPTION**  
Tilden Nature Area Deborah Shappelle  
2-4pm, Sat, Apr 3  
Meet Deborah Shappelle, whose paintings of Tilden Regional Park scenes will be on display at the Environmental Education Center through April 2004. Bring a sketchbook and get some tips on drawing the Little Farm animals from life.

**SODA BOTTLE ECOSYSTEM**  
Tilden Nature Area Lauren Kelly  
10:30am-noon, Sun, Apr 4  
Build a take-home ecosystem that sits in the palm of your hand! Bring TWO 2-liter bottles or call us—supplies are limited.

**PROTIST APRIL**  
Tilden Nature Area Alan Kaplan  
2-4pm, Sun, Apr 4  
Toss the plankton net, low it in and see what members of the Kingdom Protista you can find in the Discovery Scope. We'll also look at bigger creatures: insects and crustaceans.

**FULL MOON WALK**  
Tilden Nature Area Alan Kaplan  
7-9pm, Sun, Apr 4  
Watch the Moon rise, learn its origin and history and see where astronauts walked on it.

**WILDFLOWER WALK**  
Tilden Nature Area Linda Yemoto  
10am-noon, Sat, Apr 10  
We'll hike through Big Springs Canyon and see what's in bloom - looking for everything from the obvious to the obscure.

**WILDFLOWER TRADING CARDS**  
Tilden Nature Area Lundgren/Scott  
1-3pm, Sat, Apr 10  
Learn about wonderful wildflowers by making your own trading cards to keep, and going on a walk to find the blooms. (8-12yrs)  
**Reg. Required: (510) 525-2233**  
Fee: \$3

**BEFORE SUNRISE BIRDWALK**  
Tilden Nature Area Alan Kaplan  
6-9am, Sun, Apr 11  
Greet the dawn and learn the songs of choristers of the avian sort.

**WHO WAS EASTER?**  
Tilden Nature Area Alan Kaplan  
1-2:30pm, Sun, Apr 11  
Look for signs of spring and learn the lore and customs of *Eostre* and her bunny companion. We will talk of the symbolism of the day.

**CONIFERS OF CALIFORNIA**  
Tilden Nature Area Alan Kaplan  
10am-noon, Sun, Apr 18  
We'll look at superlatives today: tallest, rarest, oldest, biggest.

**THESE TREES ARE "FROM AWAY"**  
Tilden Nature Area Alan Kaplan  
2-4pm, Sun, Apr 18  
The eucalyptus is a worldwide resource with a fascinating natural history (and now, over a dozen insect pests in California). We'll walk to see these trees and learn their stories.

**TURTLE TIME**  
Tilden Nature Area Salli Lundgren  
2-3pm, Sat, Apr 24  
Reptiles all around the park will be coming out of hibernation. Meet and greet the three exotic turtles that live at the nature center.

**FLOWERS AND THEIR PARTS (AND PARTNERS)**  
Tilden Nature Area Alan Kaplan  
10am-noon, Sun, Apr 25  
If it's in flower today, we'll find it! We'll take close looks at intimate parts of plants, and learn stories of their mating habits.

**A LOT OF GALLS!**  
Tilden Nature Area Alan Kaplan  
2-4pm, Sun, Apr 25  
Insects and other organisms cause swellings on plant parts that serve as homes for offspring. Search for a variety of growths and learn their unlikely but natural history.

**SUMMER SCIENCE WEEKS \$**  
Tilden Nature Area Alan Kaplan  
10am-4pm, Mon, Jun 14 \$502, Jul 19 \$503, Jul 26 \$504, Aug 9 \$505, Aug 16 \$506  
Week long sessions covering biology topics of interest to junior scientists. June 14: Insects and Plants—Count butterflies, hunt bugs, and meet common plant families in California. July 19: Mammals and Birds—Pick apart an owl pellet, prepare a mammal baby announcement, and discover your home range. July 26: Potpourri—Different topics daily: Pond and Stream, Reptiles and Amphibians, Dinosaurs, Astronomy, Rainforests. August 9: Small World and Body Biology—Human biology and a close look at the new kingdoms of life. August 16: Best of Science Week—Favorites from past sessions.  
**Reg. Required: (510) 636-1684**  
Fee: \$150 (non-res. \$166)

**OTHER PARKS**  
**WOMEN ON COMMON GROUND** Katie Colbert  
Various parks and times vary

This is a series of naturealist-led programs for women who love to hike, camp and play in the out-of-doors, but whose concern for personal safety keeps them from enjoying their own parklands. Activities celebrate natural and cultural history and are designed to help women reclaim the joys of wild places by day and night. For a complete schedule call or write Sunol Wilderness, PO Box 82, Sunol, CA 94586. March 13: Morgan Territory. Nearly the Equinox Luck Hike-Up and down we go on a 5-ish-mile loop in a charming park rich with cultural history. Enjoy a landscape dressed in shamrock green. Be prepared for a leisurely hike with some steep stretches. Register by noon, Thursday, March 11. April 17: We'll hike through Augustin Bernal, a Pleasanton city park, and then follow the ridgeline in the contiguous Pleasanton Ridge Regional Park into remote and beautiful Sinbad Canyon, headwaters of the park's largest creek. Be prepared for 10 miles of birds, wildflowers, up/downhill hiking. Register by noon, Thurs., April 15. No late reservations. (adults)  
**Reg. Required: (925) 862-2601**

**Land Bank Tours**  
Robert Doyle, Chief of the Park District's Land Department, will lead a series of hikes to explore newly protected Measure AA land bank properties currently not open to the public. Hike and talk about future challenges facing EBRPD. These are hikes, not walks—be prepared for difficult elevation gains. Checks for mail-in registration should be made out to Regional Parks Foundation. March 20: Brushy Peak near Livermore. April 17: Clayton Ranch in Antioch.  
**Info/Reg. Required: (510) 636-1684**  
Fee: \$10 (non-res \$12)

**BIRD YOURSELF SILLY**  
Various parks Mike Moran  
9-11:30am, Thu, Mar 4, 18, Apr 8, 29  
Join the fastest growing leisure endeavor in the country! March 4, Mt. View Marsh, Martinez and March 18, Ironhouse Sanitary District: Wetlands residents and wanderers. April 8, Round Valley, and April 29, Diablo Foothills: woodland wings and raptors.  
**Reg. Required: (925) 757-2620**

**RIDGELAND ODYSSEY**  
Pleasanton Ridge Cindy Taylor  
9am-5pm, Sat, Mar 6  
Join us for a 12-mile all day exploration featuring grand ridgeway views and hidden shady canyons as we hunt for amorous amphibians and other harbingers of spring. Be prepared for steep and muddy trails. (8+yrs)  
**Reg. Required: (925) 862-2601**

**KNOW YOUR INLAND COAST!**  
Various locations Mike Moran  
1:30-3:30pm, Sun, Mar 7, 21, Apr 4  
The California Delta, rich in beauty and history, calls you this spring. We'll explore three shoreline parks for views, critters, plants, and lore. March 7: Big Break. March 21: Martinez Regional Shoreline. April 4: Carquinez Strait.  
**Reg. Required: (925) 757-2620**

**DISCOVERY HIKES FOR WEE TIKES**  
Marsh Creek Trail Mike Moran  
9:30-10:30am, Tue, Mar 9, Apr 20  
Come discover the magic of hiking with your little one(s). We'll use at least four senses to find out what graces these flat paved trails alongside Marsh Creek. Bjorns, backpacks, and bi-peds all welcome!  
**Reg. Required: (925) 757-2620**

**WHALE WATCH BY BOAT**  
Half Moon Bay, Pillar Point Nancy Krebs  
9:30am-12:30pm, Sat, Mar 13 \$438  
Sun, Mar 21 \$5439, Sat, Mar 27 \$5440  
Gray whales are migrating northward along a route close enough to our coastline for viewing! Enjoy a morning at sea and with luck we'll view these spectacular marine mammals. We may also see harbor seals, sea lions, sea otters, sea stars and a variety of bird life. Join our naturalists aboard the boat *Navy Captain Pete* for this adventure. (8+yrs)  
**Reg. Required: (510) 636-1684**  
Fee: Adult \$36, Senior/child, \$30 (non-res. \$40/\$34)

**DELTA SAFARI: GRIZZLY ISLAND**  
Grizzly Island State Wildlife Area Moran  
10am-1pm, Sun, Mar 14  
Join us for a wildlife extravaganza at the heart of the largest contiguous estuarine marsh in the lower 48! We'll explore this home of thousands of resident and migratory birds and stronghold of the great tule elk.  
**Reg. Required: (925) 757-2620**

**MORNING BIRDWALKS**  
Various parks Alan Kaplan  
7:30-9:30am, Tue, Mar 16, 23, 30  
7-9:30am, Thu, Apr 1, Apr 8, Tue, Apr 13, 20, 27  
March 16: Tilden Nature Area for recent spring arrivals. March 23: Briones (Bear Creek Road entrance parking lot) for woodpeckers and others. March 30: Vollmer Peak in Tilden Regional Park (meet at the Little Train parking lot) for sparrows and great views. April 1: Nimitz Way in Tilden Regional Park (meet at Inspiration Point) to "hunt the gowk" on this special day. April 8: Tilden Nature Area for early nesters. April 13: Wildcat Canyon (meet at the end of Rifle Range Road in Richmond) for woodland and creekside birds. April 20: Briones (Bear Creek Road entrance parking lot) for spring songsters. April 27: Tilden Nature Area for Laurel Canyon birds.  
**Info: (510) 525-2233**



## SPRINGTIME JAUNT TO MURRIETTA FALLS

Del Valle Cindy Taylor  
8am-4pm, Sat, Mar 20  
Explore the tallest waterfall in Alameda County as we discover the history and challenges of the Ohlone Wilderness Trail along this 17 mile round-trip hike. Be prepared for major uphill hiking, mud and spectacular scenery. (10+hrs)  
**Reg. Required: (925) 862-2601**

## NEUTS, VOLCANOS & WETLANDS—OH MY

Sibley Gail Broesder  
10am-1pm, Sat, Mar 20  
What do a volcano and a newt have in common? A wetland of course! If you'd like to find out more and uncover some other mysteries of the Sibley Volcanic Preserve, join me for this exploratory walk.

## VIEWES OF THE EAST

Various parks Mike Moran  
Non-3pm, Sun, Mar 28, Apr 11, 18, 25  
Come to the grand parks of the east county to see what you can see! We'll revel in vast vistas of California and turn our gaze to the plants and animals close at hand. Hearty and hilly, these hikes are sure to reward our efforts. **March 28:** Black Diamond Mines. **April 11:** Round Valley. **April 18:** Morgan Territory. **April 25:** Black Diamond Mines.  
**Reg. Required: (925) 757-2620**

## SPRING EGGS SCRAMBLE!

Crown Beach  
11am, egg hunt at 12:30pm, Sat, Apr 3  
The East Bay Regional Park District, City of Alameda and Alameda Rotary will host an Easter Egg Hunt at Crown Beach near the Otis Drive entrance. There will also be arts, crafts and face painting. This event is FREE! (The event will be canceled in the event of rain, and rescheduled for Saturday, April 10.) Afterwards, stop by the Grand Re-opening of the Crab Cove Visitor Center and view the new interactive games, exhibits and aquarium.

## RIDGELINE WONDERS

Roberts Gail Broesder  
10am-1pm, Sun, Apr 4  
Ever wonder what life was like in the wilds of Oakland long ago? Why was this tranquil area called a "Suburb of Hell"? Explore the past, present and future of this wonderful area. We'll explore the park looking for signs of its past & present uses, and then take a quick look inside the Chabot Space & Science Center before heading home. (7+hrs)  
**Reg. Required: (510) 521-6887**

## MID-DAY MEANDER

Sibley Alan Kaplan  
2:30-4:30pm, Tue, Apr 6  
Rocks, mazes, birds and butterflies are what we'll see and seek today at this volcanic preserve.

## EASTER AFTER SUNRISE WALK

Las Trampas Gail Broesder  
9am-noon, Sun, Apr 11  
We'll miss the sunrise, but enjoy a vigorous hike through chaparral and oak for breathtaking views of Bollinger Canyon, Mount Diablo, San Ramon Valley from Las Trampas Peak. (5+hrs)

## SENIOR SAFARI

Pleasanton Ridge Erica Herron  
10:30am-3pm, Tue, Apr 13  
Explore the length and breadth of an expanding Regional Park the easy way. See wildflowers and vast views of the Livermore-Amador Valley! (50+hrs)  
**Reg. Required: (925) 862-2601**  
**Fee: \$20 (non-res. \$22)**

## AROUND LAKE CHABOT

Lake Chabot Marina Gail Broesder  
9am-2pm, Sun, Apr 18  
It may look easy, but a hike around Lake Chabot is longer than you think. Explore the history of the area on a 9-mile hike. (7+hrs)  
**Reg. Required: (510) 521-6887**

## SPRING WILDFLOWERS

Garin Beverly Ortiz  
10:30am-12:30pm, Sun, Apr 18  
Why is it that you can find the same wildflowers on the same hillside year after year? Find out on this spring wildflower walk. We'll enjoy flowers dazzling and delicate on this pleasant walk through streamside woodlands and grass-laden valleys.  
**Reg. Required: (510) 521-9385**

## EDIBLE & USEFUL PLANTS

Garin Beverly Ortiz  
1:30-3pm, Sun, Apr 18  
On this leisurely walk through wooded canyons, we'll peruse a plethora of plants which can provide food, medicine, insect repellent, and more. Enjoy roasted bay nuts and acorn soup along the way.  
**Reg. Required: (510) 795-9385**

## THE HIDDEN SIBLEY

Sibley Gail Broesder  
9:30am-noon, Sun, Apr 25  
Come explore the other side of the volcano. We'll turn our backs to the Volcanic Preserve and follow the creek, exploring a part of the Ridge Trail. Willows, hickory and maybe even the back side of the Caldecott Tunnel should entertain us on this trek. It might be muddy so come prepared.

## VOLUNTEER

### PARK/TRAIL GUIDES

Various locations Rick Spittler  
Various dates and times  
Guides are needed to assist the visually impaired in hiking on Regional Parks trails. Training provided by Bay Area Outreach Recreation Program (B.O.R.P.).  
**Info: (510) 849-4663**

### WILDLIFE VOLUNTEERS—

BREEDING BIRD BIOLOGISTS  
Location to be announced "Doc Quack"  
Dates and times to be announced  
Here is your opportunity to get "nose to beak" with the birds, while "conducting" real fieldwork, during the early morning hours to

help manage our feathered friends. Space is limited. We recommend the following personal protective items for recording breeding bird activity in a wet, muddy, and insect rich environment: outdoor clothing (foot pants), hiking/mud boots (waterproof footwear), gloves, hats, insect repellent, and sunscreen. Bring water.  
**Reg. Required: (510) 544-2319**

### WILDLIFE VOLUNTEERS—

RESTORATION RANGERS  
Quarry Lakes "Doc Quack"  
2-5pm, Sun, Mar 7 & 21  
Here is your opportunity to help the park's wildlife by planting willow, cottonwood, redwood and oak sapling along a barren bank; and then crafting nests for critters. Wear outdoor clothing (long pants), hiking boots, gloves, hats, and sunscreen. Bring water. Call to volunteer: call by March 3 for the March 7 program, and March 17 for the March 21 program.  
**Reg. Required: (510) 544-2320**

### TRAIL WORK DAY—

IVAN DICKSON PROGRAM  
Las Trampas Terry Noonan  
8:30am-1pm, Sat, Mar 20  
Help with trail rehabilitation including erosion control, light pruning, and trail tread improvements. Tools and lunch are provided. Participants should wear sturdy shoes and long-sleeved shirts. Bring gloves, water and snacks. No dogs, please. (10+hrs)  
**Reg. Required: (510) 544-2631**

### CALIFORNIA TRAILS DAY/EARTH DAY

Redwood Terry Noonan  
8:30am-1:30pm, Sat, Apr 24  
Help with trail tread improvements, painting, and habitat improvement. Tools provided. Wear sturdy shoes and bring gloves, water and snacks. Lunch provided. No dogs, please.  
**Reg. Required: (510) 544-2631**

### EARTH DAY RESTORATION 2004

Eastshore State Park Kathleen Fusek  
10am-noon, Sat, Apr 24  
Join other volunteers in helping to clean up our beautiful bay shoreline. The Park District and the California State Parks Foundation are co-sponsors of this special work effort. Volunteers will remove trash debris and non native plants at Eastshore State Park. Bags and gloves are available. Bring a shovel or pick if you have one.  
**Reg. Required: (510) 544-2515**

## WEDNESDAY WALKS

Explore a new East Bay Regional Park every week with our friendly walking group. Discover the natural and human history of our beautiful parklands and improve your health on a fast-paced hike. Hikers of all ages and abilities are welcome. Wear sturdy footwear, bring water and dress for the weather—we walk rain or shine. Hikes begin at 9:30 a.m. For more information and complete directions, call (510) 796-0199.

**March 17—Redwood:** Join Naturalist Tara Reinertson on a vigorous 4-mile loop into the park's deep canyons and back to the high vistas of a ridge trail. Directions: From I-580 in Hayward, go west to Highway 13. Go north on Hwy. 13 to the Redwood Road exit. Go straight through the intersection to the spotlight and then turn right on Redwood Road. Continue up the hill on Redwood Road to Skyline Blvd. Make a left on Skyline Blvd., turn right at the intersection with Joaquin Miller to remain on Skyline. Continue on Skyline for about 3 miles to the Skyline Gate parking lot on your right (past Roberts Regional Recreation Area and the Chabot Space and Science Center). Free parking. **March 24—Huckleberry Botanic Regional Preserve:** Join Naturalist Sara Fetterly on this moderate 3.4-mile walk through a beautiful and sensitive native plant community unique in the East Bay. We will walk along Huckleberry Path, then join the Skyline Trail before returning through the bay forest. See beautiful vistas

and wildlife along the way. Due to the sensitivity of this area, dogs are prohibited. Directions: From Highway 24 take the Fish Ranch Road exit just east of the Caldecott Tunnel. Continue 0.8 miles to Grizzly Peak Blvd. Turn left and go 0.24 miles to Grizzly Peak to Skyline Blvd. Turn left and drive approximately one-half mile to the park entrance, on the left, past Sibley Volcanic Regional Preserve. **March 31—Alameda Creek:** Discover a beautiful pond in the historic Niles District on this flat, 4.5-mile walk along the Alameda Creek Channel. Meet at the Isherwood Staging Area off Paseo Padre Parkway in Fremont. Directions: From I-880 in Fremont, take Decoto Road east to Paseo Padre Parkway, turn right. Go left at Isherwood and turn right into the staging area immediately after crossing the creek. **April 7—Hayward Shoreline:** View the shorebirds and waterfowl that congregate here along the bayshore. Find out which endangered species make their homes here on an easy 3.5-mile loop. No dogs, please. Directions: From I-880 in Hayward, take Winton Ave. west all the

## SPECIAL KIDS FISHING DERBY—

BUDDIES WANTED  
Shadow Cliffs, Temescal  
**Morning, Thu, Apr 29, May 27**  
Spend the day with us and put a smile on the face of a special child. Help kids have fun with fishing and nature activities, face painting or boat rides. Mark these dates on your calendar: **April 29, Thursday,** at Shadow Cliffs Regional Recreation Area in Pleasanton. **May 27, Thursday,** at Temescal Regional Recreation Area in Oakland. **Over 150 kids** attending special education classes from elementary schools in the surrounding areas will be at each of these locations for morning of fishing, nature activities and games. Volunteers will be paired as "buddies" to the children to assist with fishing and other activities. In addition to just plain feeling good about what you're doing, you won't go away hungry—a complimentary pancake breakfast and hotdog lunch will be provided. Spend the day with us and make a difference in a kid's life.  
**Info: (510) 544-2205**

## EDUCATORS' ACADemy

**PROJECT WET:**  
9:30am-4:30pm, Sat, Jun 12 #5388, Tilden  
**CRUISING THE COSMOS**  
2:30-10pm, Sat, Jun 19 #5389, Sunol  
**INSECTS & CRAWLING CREATURES**  
9am-3:30pm, Tue, Jun 22-24 #5387, Tilden  
**A DAY IN STONE-AGE CALIFORNIA**  
9am-5pm, Sat, Jul 10 #5390, Sunol  
**FARMS IN CLASSROOMS**  
9:30am-4pm, Wed, Jul 14 #5391, Ardenwood  
**PROJECT LEARNING TREE**  
9:30am-4:30pm, Sat, Jul 17 #5392, Tilden  
**BAY HABITATS & ANIMAL ADAPTATIONS**  
8am-2pm, Tue, Jul 20 #5396, Crab Cove  
**OHlONE & OTHER CENTRAL CA. INDIAN GAMES & TOYS**  
9:30am-4pm, Sat, Jul 25 #5393, Coyote Hills  
**BURNING ISSUES FOR EDUCATORS**  
9:30am-4:30pm, Sat, Aug 14 #5394, Tilden  
**MONARCHS IN THE CLASSROOM**  
9:30am-4:30pm, Sat, Sep 11 #5395, Coyote Hills  
**Reg. Required: (510) 636-1684**  
**Info: (510) 544-2550, www.ebaparks.org**  
**Fee for all classes: \$45 (non-res. \$51), except 3-day Insects and Crawling Creatures: \$100 (non-res. \$110)**

way to the Bay. Park along the road outside the parking lot gates. **April 21—Pleasanton Ridge:** This 6-mile hike to see beautiful views of the Sunol Valley begins with a steep and possibly muddy climb up the ridge. See the remnants of fruit orchards, and hike through an old olive grove. Directions: From I-680 in Pleasanton, take the Sunol Blvd./Castellwood Drive exit and go west. Turn right onto Castellwood Dr. and then make a left onto Foothill Road. Continue about a mile to the Oak Tree Staging Area on the right. **April 28—Coyote Hills:** Hike from Coyote Hills to the nearby Don Edwards San Francisco Bay National Wildlife Refuge on this 5.5-mile excursion. Learn about endangered species protected by this natural refuge. The trail is mostly level, with a few gentle slopes. Meet at the Visitor Center parking lot. Parking fee may apply. Directions: From I-880 in Fremont, take Hwy 84 west to Ardenwood Blvd., right on Ardenwood, left on Paseo Padre Parkway and night at Patterson Ranch Road.



## MEMBERSHIP PROGRAM

Enjoy free parking, free swimming at seven lakes, special members' events, a free guide to the Regional Parks, members-only newsletter, and additional benefits listed below! Call (510) 544-2203, for information.

**\$60 Family Membership**—Dog pass, free entry to swim areas for up to six, 50 percent off on off-season (October through April) camping.

**\$25 Senior/Disabled/Student**

**\$30 Single Member**

**\$40 Senior Day Use/Boat Launch**

**\$90 Senior Fishing**

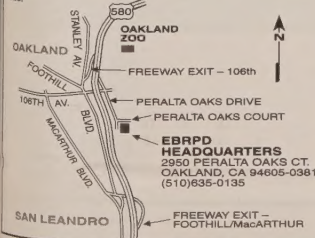
**\$100 Tilden Circle**—Family Member benefits plus an invitation to a special Members' only event.

**\$250 Reinhardt Circle**—Tilden Circle benefits plus invitations to special programs.

**\$1,000 Sibley Circle**—Reinhardt Circle benefits plus "behind the scenes" with a naturalist.

## To reach the Central Registrations office:

From south or east of Oakland on I-580 West, take the MacArthur/Foothill exit in San Leandro. Bear right onto Foothill; turn right on 106th Ave. and right again onto Peralta Oaks Drive. Follow it to the end. From Oakland or north or west of Oakland on I-580 East, take the 106th Ave. exit in Oakland. Take the first three left turns; this will put you on 106th Ave. From 106th, turn right onto Peralta Oaks Drive and follow it to the end.



## SPECIAL RECREATIONAL FACILITIES AND PROGRAMS

FACILITIES AND PROGRAMS	PARK	OPERATOR	PHONE
Archery - Field and Target	Briones	Briones Archers	(510) 724-3814
Archery - Field and Target	Redwood	Redwood Bowmen Assoc.	(510) 530-0400
Bike Rentals	Del Valle	Windsurf Del Valle	(925) 455-0408
Boat Rentals	Del Valle	Urban Park Concessionaires	(925) 449-5201
Boat Rentals	Shadow Cliffs	Park Vending and Concession	(925) 846-9263
Boat Rentals	Lake Chabot	Lake Chabot Park Company	(510) 582-2198
Camping (groups)	Various Parks	East Bay Regional Park District	(510) 562-2267
Camping (families)	D. Valle, A. Chabot, Sunol (EBRPD)	Sunol (EBRPD)	(510) 562-2267
Dog Wash	Pt. Isabel	Mudpuppy's Tub & Scrub	(510) 559-8899
Golf, Driving Range, Food, Banquet	Lake Chabot	Willow Park Inc.	(510) 537-8989
Golf, Driving Range, Food, Banquet	Tilden	American Golf	(510) 448-7373
Hang Gliding - Experienced Flyers	Mission Peak	Wings of Rogallo	(408) 476-2227
Blacksmith	Ardenwood	Scott Thomas	(510) 790-9060
Horse Arena	Martinez Shoreline	Martinez Horseman Association	(925) 228-7981
Horse Arena	Redwood	Judith Castro	(510) 336-0850
Horse Boarding Barn, Lessons	Anthony Chabot	Chabot Stables, Sara Cray	(510) 569-4428
Horse Boarding Barn, Lessons	Little Hills	Las Trampas Stables	(925) 838-7546
Horse Boarding Barn, Lessons	Redwood	Piedmont Stables	(510) 531-9944
Horse Boarding Barn, Lessons	Anthony Chabot	Skyline Ranch Equest. Center	(510) 336-0850
Horse Day Camp	Las Trampas	Las Trampas Stables	(925) 838-7546
Horse Day Camps	Castle Rock	Adventure Day Camp	(925) 937-6500
Horse Rentals, Trail Rides and Lessons	Little Hills	Las Trampas Stables	(925) 838-7546
Horse Rentals, Trail Rides	Sunol	Sunol Pack Station	(925) 862-0175
Marksmanship - Target & Skeet	Anthony Chabot	Chabot Gun Club	(510) 569-0213
Meeting and Club Activities	Martinez Shoreline	Martinez Sportsman Club	(925) 228-5638
Meeting and Club Activities	Martinez Shoreline	Martinez Pigeon Club	(925) 228-4222
Meetings, Weddings and Banquets	Tilden Brazil Room	Regional Parks	(510) 540-0220
Meetings, Weddings and Banquets	Kennedy Grove	Regional Parks	(510) 540-0220
Meetings, Weddings and Banquets	Temescal	Regional Parks	(510) 540-0220
Meetings, Weddings and Banquets	MLK Jr. Shoreline	Regional Parks	(510) 540-0220
Merry-Go-Round, Children's Parties	Tilden	Terri Holliman	(510) 524-6773
Model Boat Facility	Ala. Creek Quar.	Model Mariners	www.nambs9.com
Model Railroad - 5 Scales and Museum	Miller Knox	Golden State Model RR Museum	(510) 234-4884
Native Plants	Tilden	NativeHere Nursery	(510) 549-0211
Native Plants	Carquinez	CREEC	(510) 877-9772
Picnics (groups)	All Parks	East Bay Regional Park District	(510) 562-2267
Picnics, Parties and Events (groups)	Castle Rock	Picnic People	(925) 462-1400
Picnics, Parties and Events (groups)	Little Hills	Picnic People	(925) 462-1400
Picnics, Weddings, Food (groups)	Ardenwood	Picnic People	(925) 462-1400
Pony Rides, Kid's Parties, Day Camps	Tilden	Camey Thompson	(510) 527-0421
Railroad - Rides, and Museum	Ardenwood	Society to Preserve	(925) 936-9595
Trains - Model Steam Engines	Tilden	Golden Gate Live Steamers	(510) 486-0623
Trains - Steam Train Rides	Tilden	Redwood Valley Railroad	(510) 548-6100
Waterslide, Food, Group Picnics	Shadow Cliffs	Shadow Cliffs Association	(925) 829-5600
Windsurfing - Rentals and Lessons	Del Valle	Windsurf Del Valle	(925) 455-4008
Windsurfing - Rentals and Lessons	Crown Beach	Beachports	(415) 258-9283

## VISITOR CENTERS

### ARDENWOOD

34600 Ardenwood Blvd.  
Fremont, CA 94555-3645  
(510) 796-0663

### BLACK DIAMOND MINES

5175 Somersville Road  
Antioch, CA 94509  
(925) 757-2620

### BOTANIC GARDEN

Tilden Regional Park  
Berkeley, CA 94708  
(510) 841-8732

### COYOTE HILLS

8000 Patterson Ranch Rd.  
Fremont, CA 94555-3502  
(510) 795-9385

### CRAB COVE

### VISITOR CENTER

1252 McKay Avenue  
Alameda, CA 94501-7805  
(510) 521-6887

### DEL VALLE

7000 Del Valle Road  
Livermore, CA 94550  
(925) 862-2601

### GARIN

1320 Garin Avenue  
Hayward, CA 94544-6822  
(510) 795-9385

### SUNOL-OHLEONE

P.O. Box 82 (on Geary Road)  
Sunol, CA 94586  
(925) 862-2601

### TILDEN NATURE AREA

Environmental Education Center (EEC) at Tilden Regional Park  
Berkeley, CA 94708  
(510) 525-2233

## SWIM FACILITIES

### LAKE ANZA

Tilden Regional Park  
Berkeley, CA 94708  
(510) 843-2137

### CONTRA LOMA

1200 Frederickson Lane  
Antioch, CA 94509  
(925) 757-0404

### CULL CANYON

18627 Cull Canyon Road  
Castro Valley, CA 94552  
(510) 537-2240

### DEL VALLE

7000 Del Valle Road  
Livermore, CA 94550  
(925) 373-0332

### DON CASTRO

22400 Woodrose Ave.  
Hayward, CA 94541  
(510) 538-1148

### QUARRY LAKES

2250 Isherwood Way  
Fremont, CA 94535  
(510) 795-4883

### ROBERTS POOL

10570 Skyline Blvd.  
Oakland, CA 94619  
(510) 482-6028

### SHADOW CLIFFS

2500 Stanley Blvd.  
Pleasanton, CA 94566  
(925) 846-3000

### LAKE TEMESCAL

6502 Broadway Terrace  
Oakland, CA 94610  
(510) 652-1155

## REGISTRATION INFORMATION

**NO REGISTRATION REQUIRED**—Many programs do not require registration. Simply join the instructor at the location indicated in the program description. Call the phone number listed in the program descriptions if you need further information.

**IN-PARK REGISTRATION**—For programs requiring registration at park sites, call the number indicated in the description. Information will be provided when you call.

**CENTRAL REGISTRATION**—The course codes for programs that require central registration are printed in green throughout this directory. Please refer to the instructions below for registration procedures for mail-in, walk-in, phone or fax registration.

**MAIL-IN:** Complete the registration form on the back cover of this directory and mail with your payment (pre-printed check or fill in the credit card info on the mail-in form) to: East Bay Regional Park District, Reservations Dept., P.O. Box 5381, Oakland, CA 94605-0381.

**WALK-IN:** Come to the District Headquarters between 8:30 a.m. and 5 p.m. Mondays through Fridays. We are located at 2950 Peralta Oaks Court in Oakland, next door to the Dunsmuir House and south of the Oakland Zoo off I-580. See map above.

**BY FAX:** Complete the registration form on the back cover and fax it to (510) 635-5502. Include all the necessary credit card information.

**BY PHONE:** Phone registration requires a credit card. Call the Reservations Office between 8:30 a.m. and 4:30 p.m. Mondays through Thursdays, or 8:30 a.m.-4 p.m. on Fridays. The Reservations Office is closed on weekends and holidays. Please call the phone number for your area:

Oakland.....(510) 636-1684 Hayward.....(510) 538-6470  
Contra Costa Co. ....(925) 676-0192 Outside East Bay (510) 636-1684  
Livermore.....(925) 373-0144 TDD.....(510) 633-0460

**FEES:** Fees must be paid in full at the time of registration. They may be paid by pre-printed check, money order, VISA, Mastercard or in cash for walk-in registration. Non-resident fees apply to anyone living outside of Alameda or Contra Costa counties. Parking or park entrance fees may be charged depending on program time and location. Ardenwood entrance fees vary depending on the event or activity. Confirm all fees when registering for a program. Many programs have fee assistance funds available for low-income individuals and families. For information call the registration phone numbers listed at the bottom of the previous column.

**CHECK ACCEPTANCE:** Pre-printed checks are accepted for mail-in registration in the Central Reservations Office until two weeks before the program takes place. Make checks payable to EBRPD. Programs registered in the parks will accept checks up until the day of the program. Returned checks will be charged an additional \$15 Returned Check charge.

### CREDIT CARDS:

VISA and Mastercard are accepted for all fee programs except those that are registered at a park. Call the phone number in program description for info.

### CANCELLATION POLICY:

**REFUNDS/TRANSFERS:** Refunds or transfers will be processed for programs canceled because registration is below the minimum enrollment at the cutoff date, or if a program is canceled due to inclement weather or instructor illness. Please allow up to three weeks for receipt of refund. If you would prefer to transfer into another program or class and there is space available, your refund may be applied to the fee for that program or class. (See Special Cancellation Policy below for exceptions.)

**IF YOU MUST CANCEL:** For a full refund or credit toward another program, you must call in your cancellation at least seven days prior to the class or program. Failure to notify the Reservations Office at least seven days in advance of the program date will result in forfeiture of program fees. See Special Cancellation Policy below for exceptions.

**Special Cancellation Policy:** For certain programs requiring the Park District to commit a deposit or guarantee a minimum, refunds will not be available less than 14 days prior to the start of the program. In the case of cancellation due to inclement weather, a credit will be issued for a future class with the same instructor. These programs are noted by "Special Cancellation Policy applies" within the program description.





East Bay Regional Park District  
Attention: Reservations  
2950 Peralta Oaks Court, P.O. Box 5381  
Oakland, CA 94605-0381

## March-April 2004 Mail-in Registration

Make checks payable to: EBRPD

☐ MasterCard ☐ VISA

Name (parent or guardian if under 18)

Address

City

Zip

Day phone

Night phone

email address

Amount \$

Expiration date

Authorized signature

Participant's Name	Birthdate	Class Title	Code	Date	Fee
	Month/Day/Yr	First Choice			
		Second Choice			
		First Choice			
		Second Choice			
<b>Day Camp Scholarship Fund—provides subsidized day camp experiences for inner-city youth. (Optional)</b>					\$1.00
<b>Subscribe to this publication (Regional In Nature) (Optional)</b>					\$5.00
Submit additional registrations on an attached sheet					Total

Signature required

Parent or guardian if under 18

Date

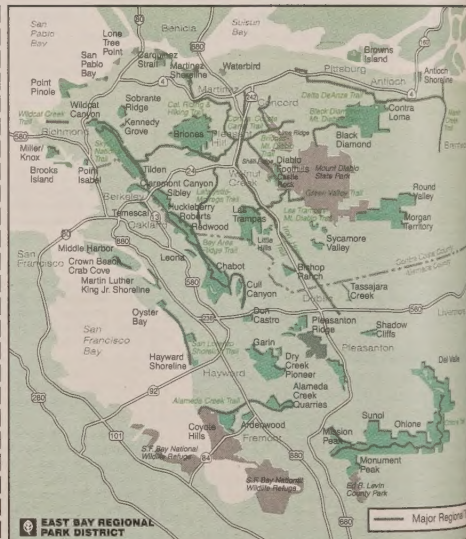


☐ Please check here if you are disabled and in need of special accommodations

How did you hear about our programs? ☐ TV ☐ Newspaper ☐ Visitor Center ☐ Radio ☐ Other

Office Use

Amount paid \_\_\_\_\_ Check no./cash \_\_\_\_\_ Register no. \_\_\_\_\_ Staff initials \_\_\_\_\_



## A Walk In The Park

The East Bay Regional Park District will kick off our 70th Anniversary in 2004 with a SPRINT Triathlon and a world-class event aimed at promoting families and fitness in the parks!

Join us for the Radio Disney / ABC Walk In The Park—A Healthy Lifestyle Expo

April 17, 10 a.m. to 3 p.m.  
at Quarry Lakes Regional Recreation Area  
Fremont, CA.

This inaugural event will include

- interactive sports clinics by Bay Area professional athletes
- a skateboarding half-pipe exhibition for the kids and teens
- a LIVE concert by Radio Disney recording artists
- inflatable games and rides
- interactive displays
- sponsor exhibits

all aimed at families and fitness in the Bay Area!

Join KGO Health and Fitness Guru Joanie Greggains as she broadcasts her show LIVE from Quarry Lakes Saturday morning from 8 a.m. to 10 a.m. and spend the rest of the day experiencing the Healthy Lifestyle Expo with the East Bay Regional Parks and ABC Radio Disney!

For more information see [www.ebparks.org](http://www.ebparks.org)



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